

CKD and SGLT2I

The sweet smell of success

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Conflict of Interest Statement

- Receipt of research grants
- Preparation of educational materials
- Attendance at drug advisory boards
 - AstraZeneca
 - Boehringer Ingelheim/Lilly Alliance
 - Merck Sharp & Dohme
 - Napp Pharmaceuticals Limited
 - Novo Nordisk
 - VPUK

The Challenge

Age of onset of Type 2 DM and Long term risk of ESRF

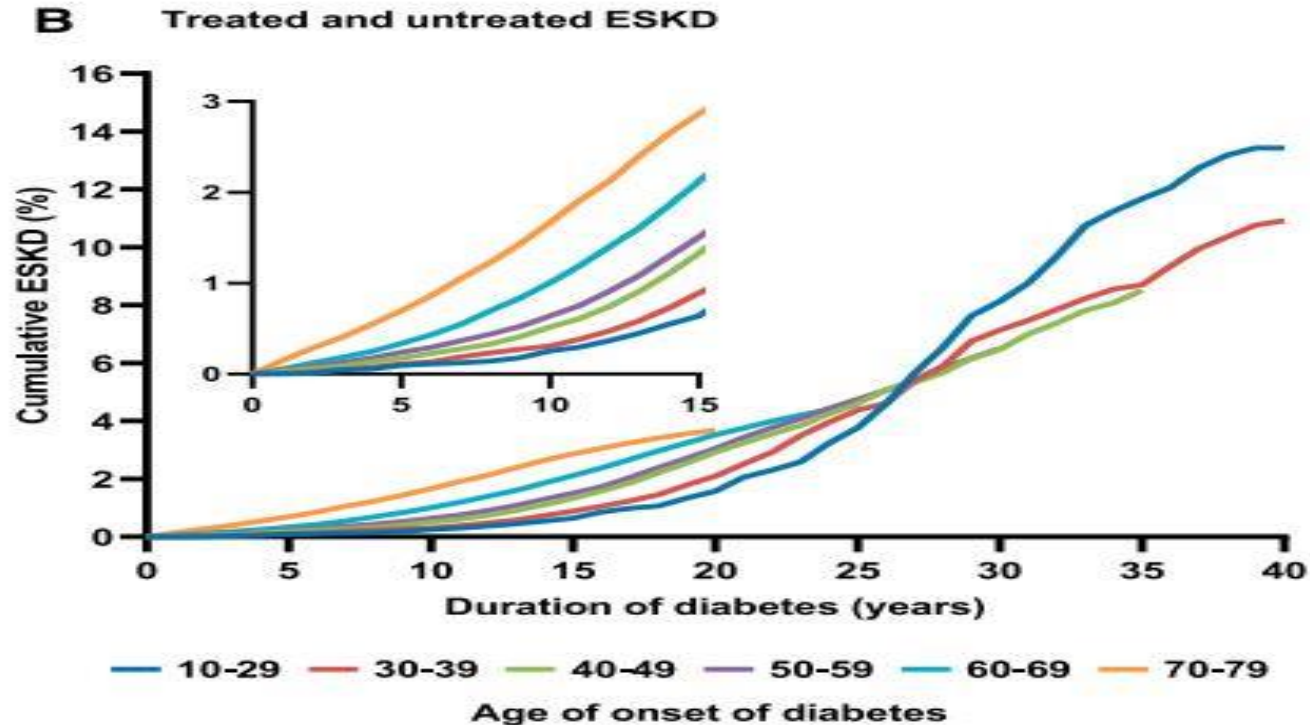
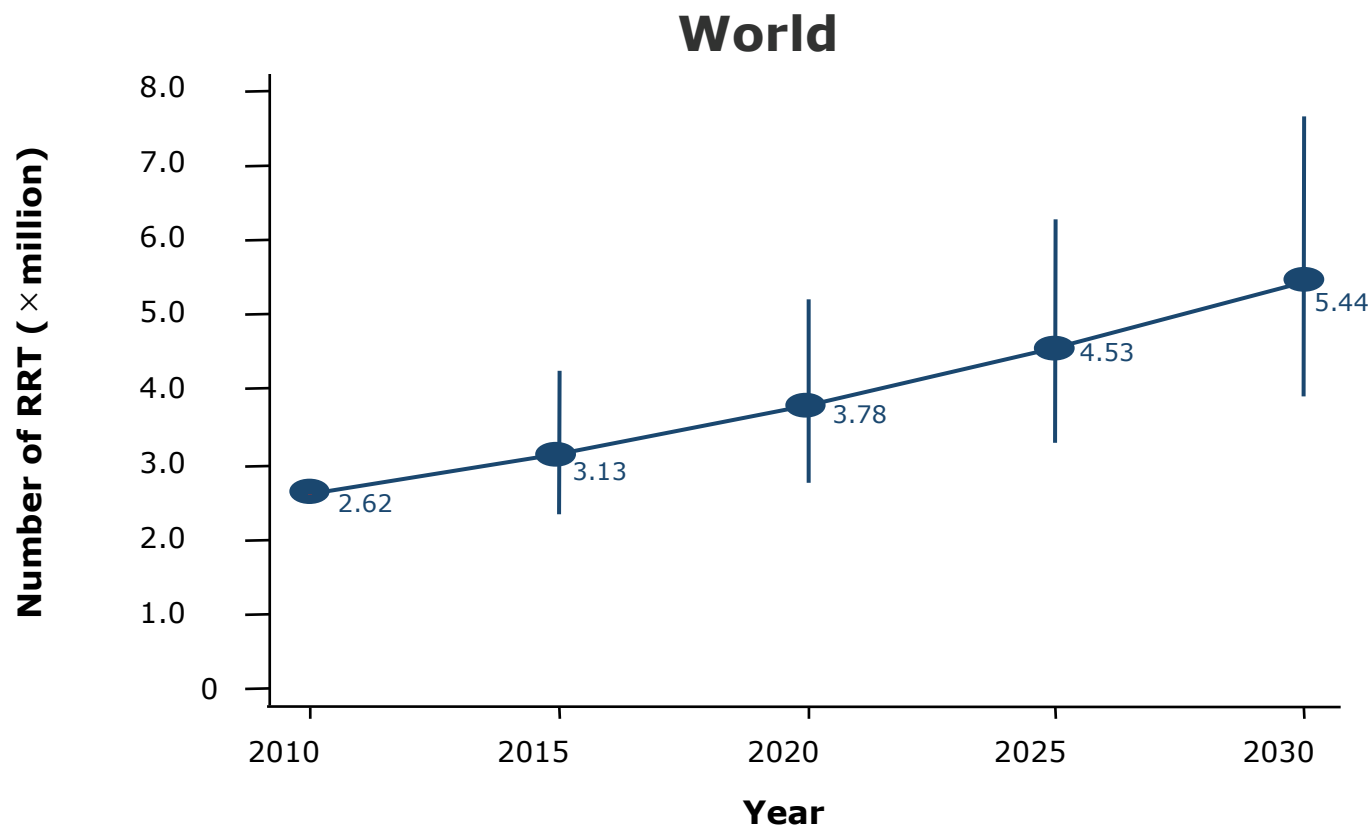


Figure 1—Cumulative incidence of ESKD by duration of type 2 diabetes stratified by age of onset of diabetes. Insets show the first 15 years of diabetes. *A*: Treated ESKD only. *B*: Treated and untreated ESKD.

- Morton et al. Diabetes Care 2020;43:1788–1795

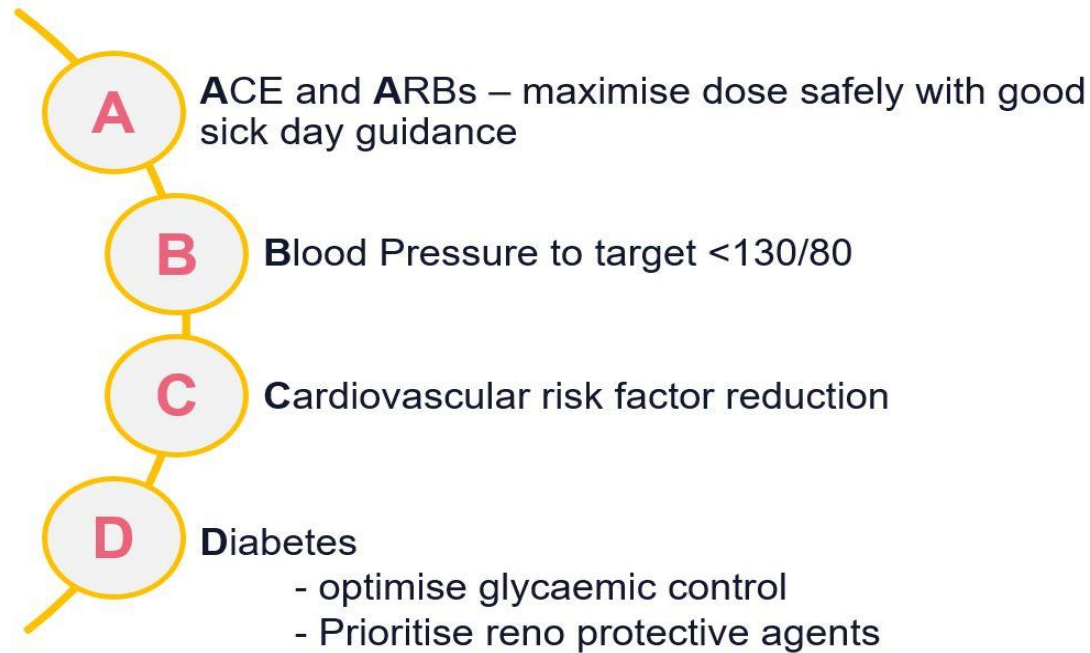
Number of People Receiving Renal Replacement Therapy Is Projected to Double



The Response

- Recognise
- Optimise
- Manage

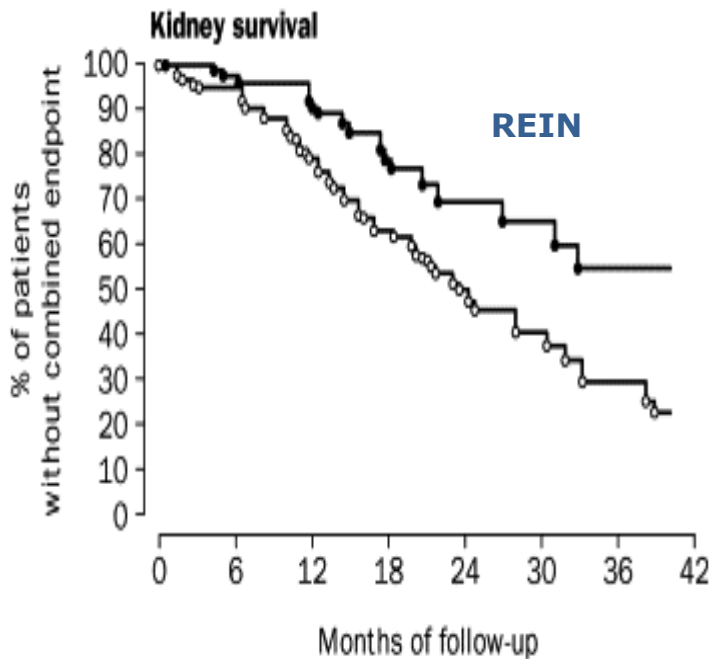
Managing DKD up to 2019 A,B,C,D



**BUILT ON A FOUNDATION OF LIFESTYLE INTERVENTION
AND PATIENT ENGAGEMENT**

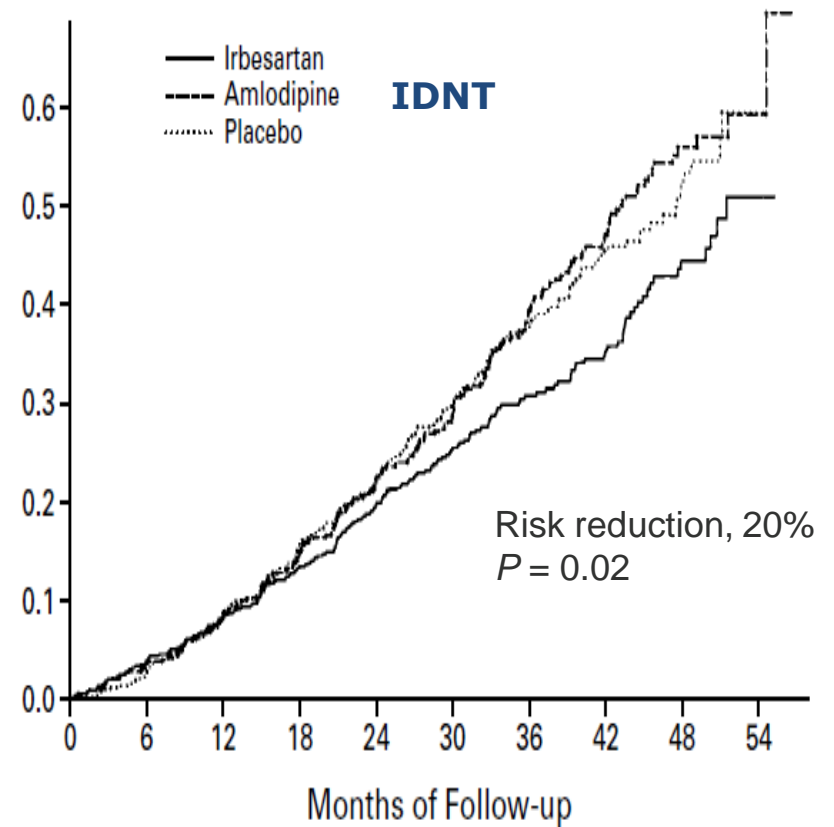
RAASi and renal protection

Doubling of serum creatinine, ESKD, or death



Number of patients

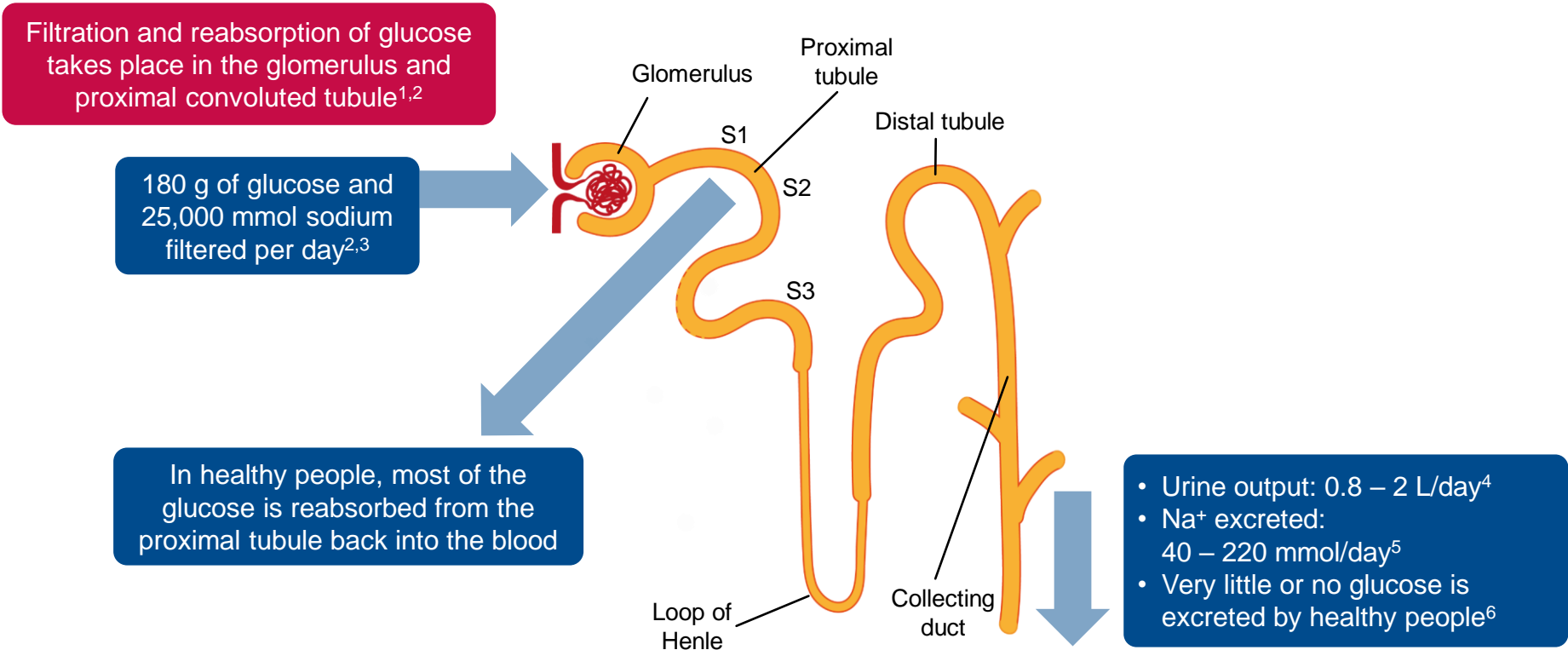
Ramipril	78	43	38	27	23	19	11
Placebo	88	57	46	36	24	18	10



Management of DKD - 2020 onwards

- a) RECOGNISE
- b) ACE inhibitor/angiotensin receptor blockade
- c) BP targeting
- d) SGLT2I**
- e) CV risk reduction

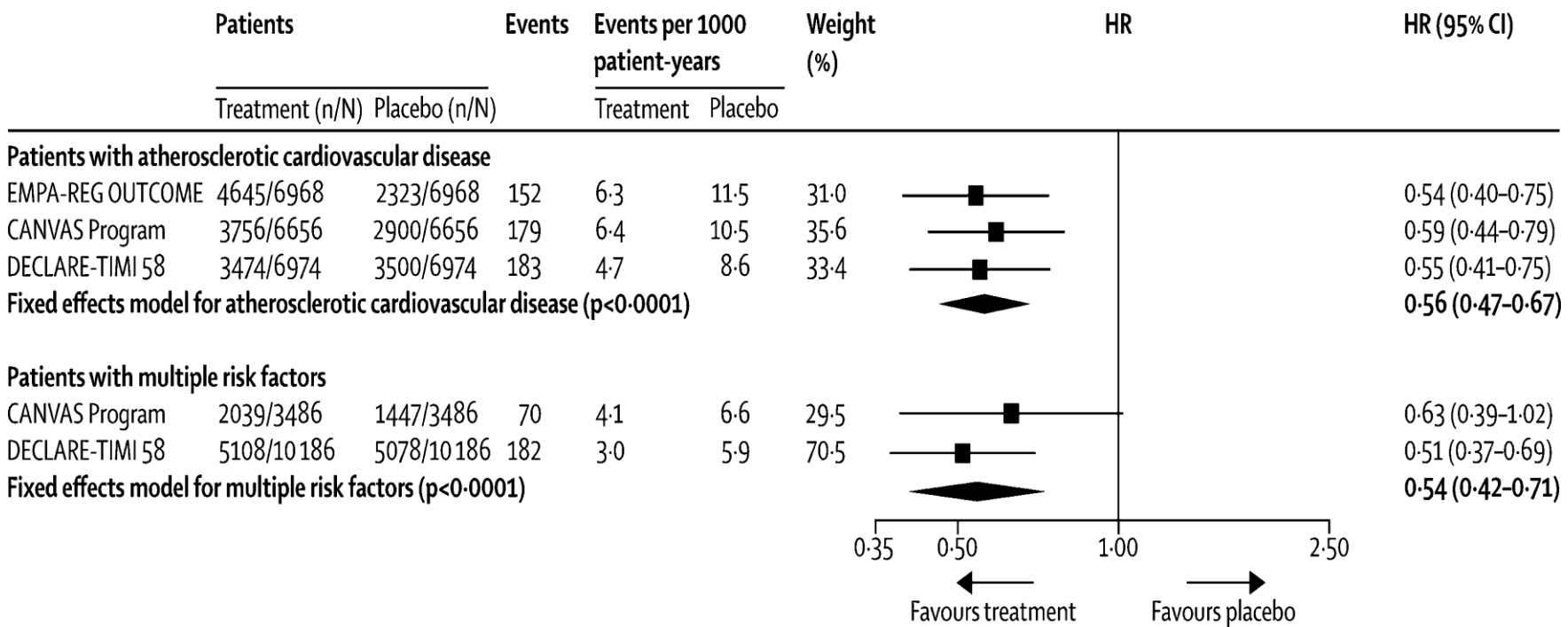
Sodium and glucose filtration occurs in the glomerulus



1. Gerich JE. Diabet Med 2010;27:136-42.
2. Wright EM, et al. J Intern Med 2007;261:32-43.
3. Finkelstein FO, et al. Yale J Biol Med 1979;52:271-87.

4. Healthline. Urine 24-hour volume test. [Accessed October 2019], www.healthline.com/health/urine-24-hour-volume
5. WebMD. What is a sodium urine test? February 2019. [Accessed October 2019]. www.webmd.com/a-to-z-guides/what-is-a-urine-sodium-test#2
6. Chao EC, et al. Nat Rev Drug Discov 2010;9:551-9.

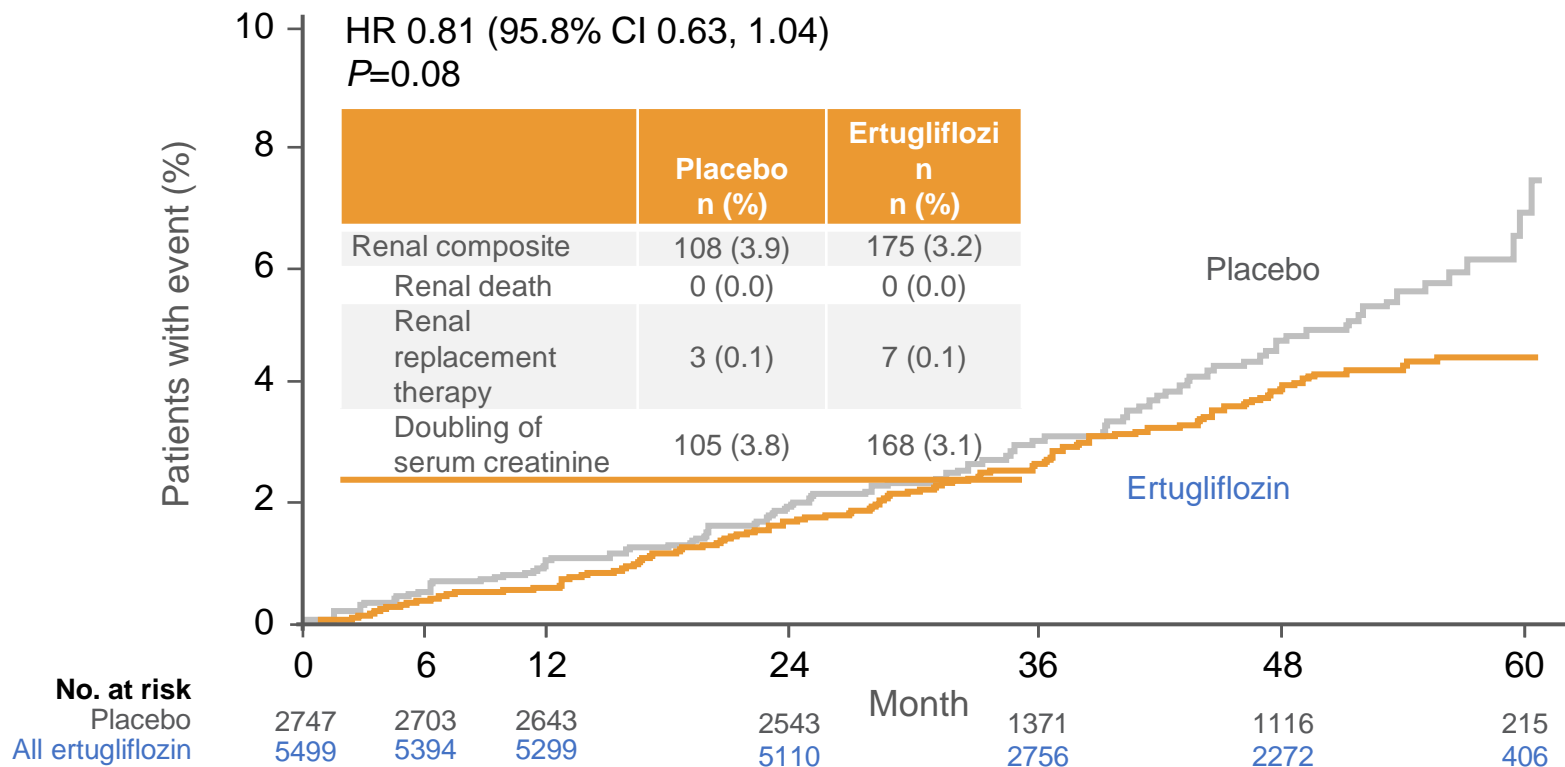
SGLT2 INHIBITORS AND EFFECT ON COMPOSITE RENAL OUTCOMES - DECLINE IN GFR, ESRF OR RENAL DEATH



Is renal protection a class effect

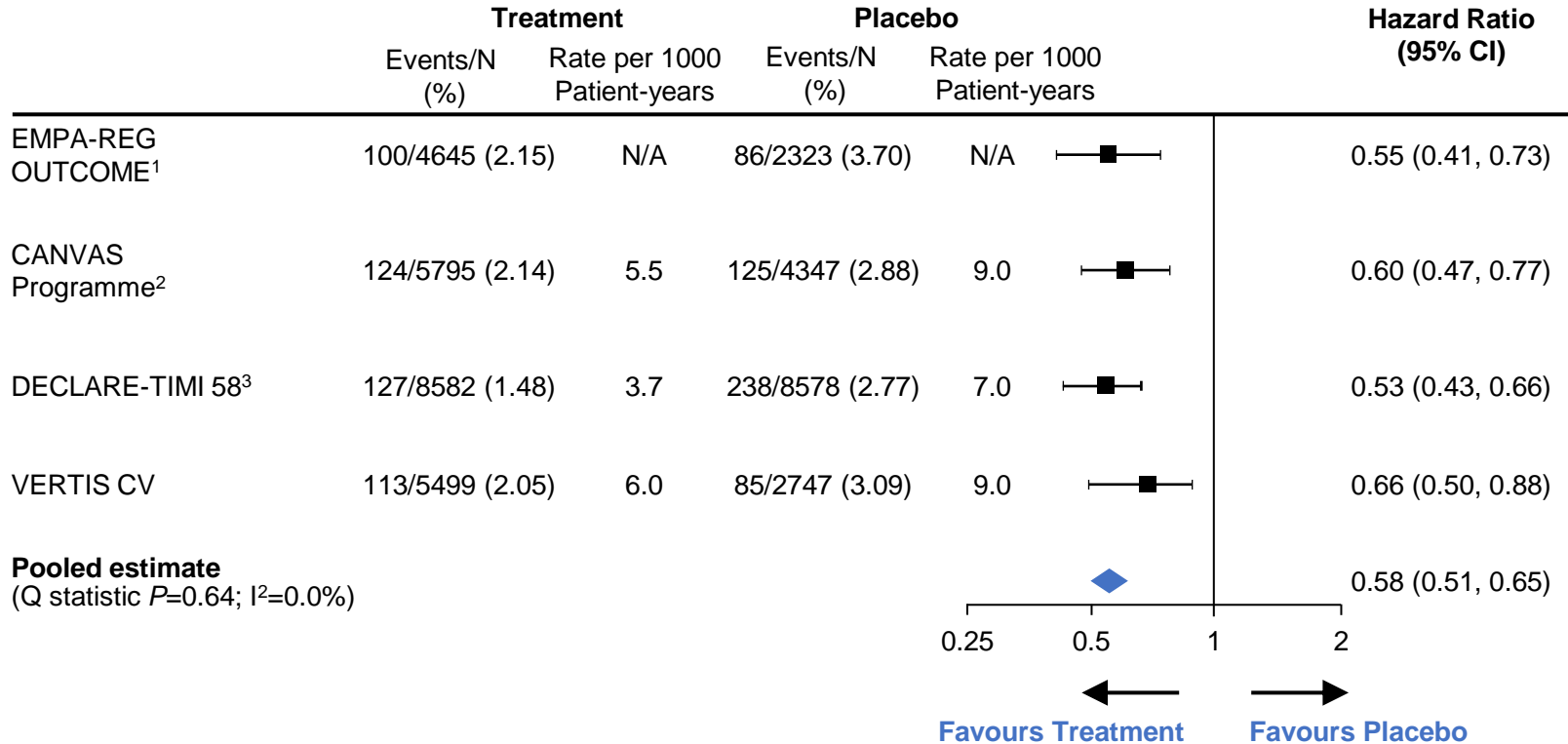
Vertis CV Renal composite^{†1}

Renal death, dialysis/transplant or doubling of serum creatinine



[†]Intention-to-treat analysis set that included all randomised patients with no upper limit on the ascertainment window for the superiority outcomes (n=5499 for ertugliflozin and n=2747 for placebo). CI (95.8%) for the alpha-protected tests was adjusted at the final analysis to account for the interim analysis as per the protocol. CI, confidence interval; HR, hazard ratio. ¹Cannon CP. Evaluation of ertugliflozin efficacy and safety cardiovascular outcomes trial – VERTIS CV. American Diabetes Association Virtual Scientific Sessions. 2020.

Kidney outcomes using generally consistent definitions: Sustained $\geq 40\%$ decline in eGFR, ESKD or renal death



Intention-to-treat analysis set.

CI, confidence interval; eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease; HR, hazard ratio.

¹Perkovic V et al. *Nephrol Dial Transplant.* 2019;1–9; ²Neal B et al. *N Engl J Med.* 2017;377:644–657; ³Wiviott SD et al. *N Engl J Med.* 2019;380:347–357.

Primary Outcome trials

CREDESCENCE study design



Canagliflozin and Renal Endpoints in Diabetes with Established Nephropathy Clinical Evaluation (**CREDESCENCE**) study

Objective: To study the effects of canagliflozin on renal endpoints in adults with type 2 diabetes and chronic kidney disease, receiving standard of care including a maximum tolerated dose of an ACEi or ARB



N = 4,401 (canagliflozin group: n = 2,202; placebo group: n = 2,199)

Two-week placebo run-in period, followed by randomisation to treatment
Follow-up at Weeks 3, 13, and 26 (face-to-face) then every 13 weeks (alternating phone/face-to-face); median follow-up: 2.62 years

Participants continued treatment if eGFR was <30 mL/min/1.73 m² until chronic dialysis was initiated or kidney transplant occurred

Main inclusion criteria

- ≥ 30 years of age; T2DM and HbA1c 6.5% – 12.0%
- eGFR $30 - <90$ mL/min/1.73 m²; UACR $>33.9 - \leq 565.6$ mg/mmol
- Stable max tolerated labelled dose of ACEi or ARB for ≥ 4 weeks

Exclusion criteria included: other kidney diseases, dialysis or kidney transplant; treatment with dual ACEi and ARB, direct renin inhibitor or MRA; serum K⁺ >5.5 mmol/L; CV events within 12 weeks of screening; NYHA class IV heart failure; diabetic ketoacidosis or T1DM.



Standard of care (SoC) for T2DM + patients randomised 1:1 to:

Invokana (100 mg)

Placebo



Primary endpoint

ESKD, doubling of serum creatinine, or renal or CV death

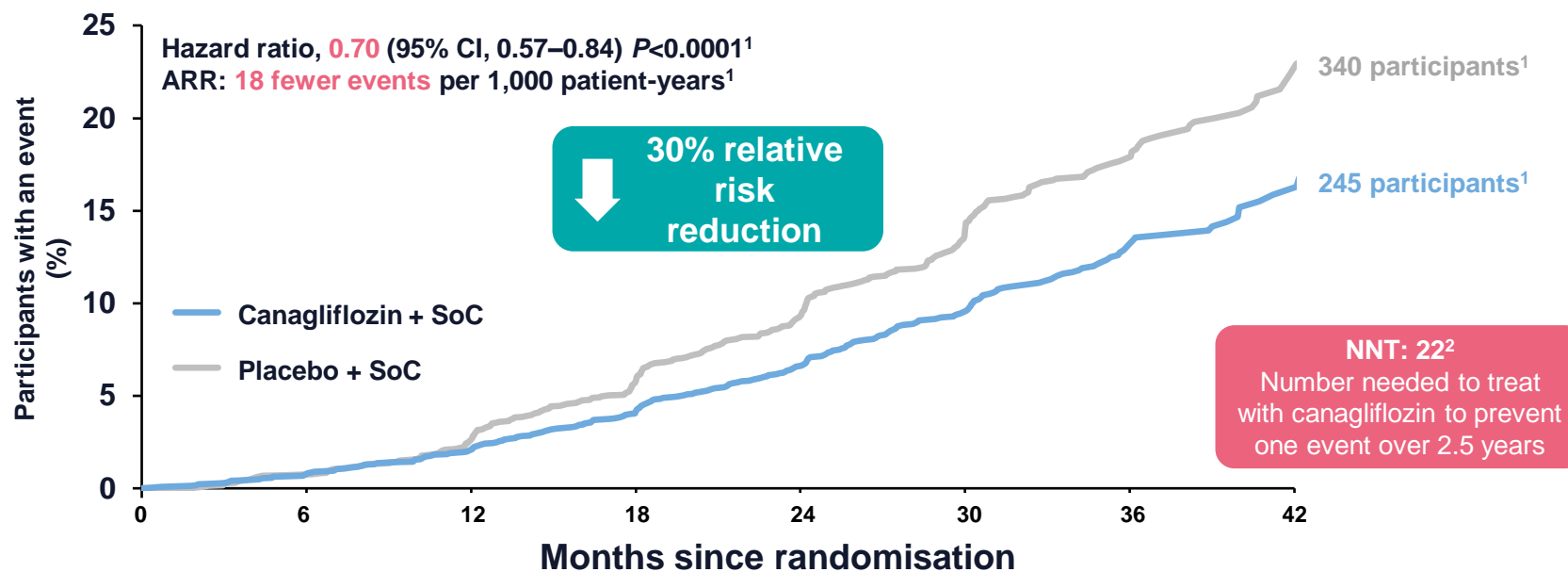
Secondary endpoints (sequential testing)

1. CV death or hospitalisation for heart failure; 2. CV death, MI, or stroke;
3. Hospitalisation for heart failure; 4. ESKD, doubling of serum creatinine or renal death; 5. CV death; 6. all-cause mortality; 7. CV death, MI, stroke, hospitalisation for heart failure, or hospitalisation for unstable angina

At baseline, patients in CREDENCE were receiving treatment to manage glycaemia and cardiovascular risk factors

- **99.9% on ACEi or ARB**
- Mean BP 140/78
- Mean HbA1C 8.3%
- 70% on statin

Invokana + SoC reduces the risk of primary renal composite (ESKD, doubling of serum creatinine, or renal or CV death) vs. placebo + SoC^{1,2*}



Number at risk ¹	0	6	12	18	24	30	36	42
Placebo + SoC	2,199	2,178	2,132	2,047	1,725	1,129	621	170
Canagliflozin + SoC	2,202	2,181	2,145	2,081	1,786	1,211	646	196

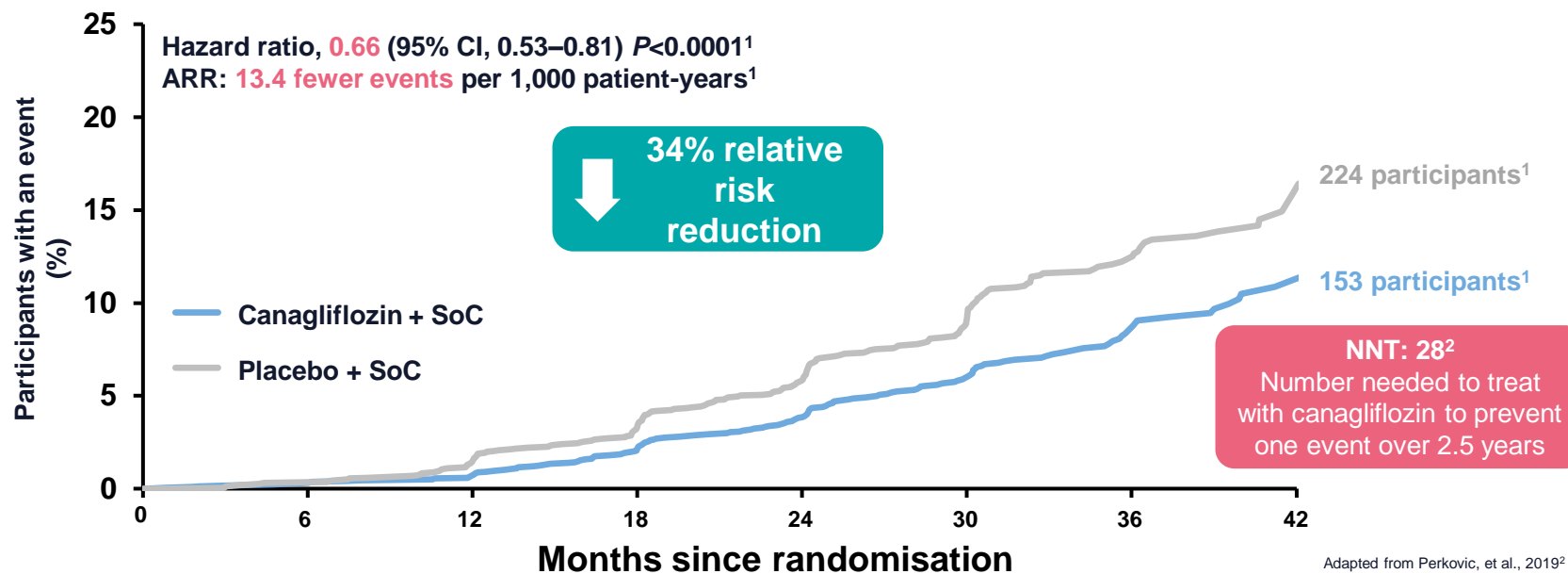
*Intent-to-treat analysis set. SoC: standard of care; ESKD: end-stage kidney disease; CV: cardiovascular; ARR: absolute risk reduction.

1. Invokana 100 mg and 300 mg film-coated tablets. Summary of Product Characteristics. [Accessed July 2020].

www.medicines.org.uk/emc/product/8855

2. Perkovic V, et al. N Engl J Med 2019;380:2295-306.

Invokana + SoC reduces the risk of ESKD, doubling of serum creatinine, or renal death vs. placebo + SoC^{1,2}



Adapted from Perkovic, et al., 2019²

Number at risk ²	0	6	12	18	24	30	36	42
Placebo + SoC	2,199	2,178	2,131	2,046	1,724	1,129	621	170
Canagliflozin + SoC	2,202	2,181	2,144	2,080	1,786	1,211	646	196

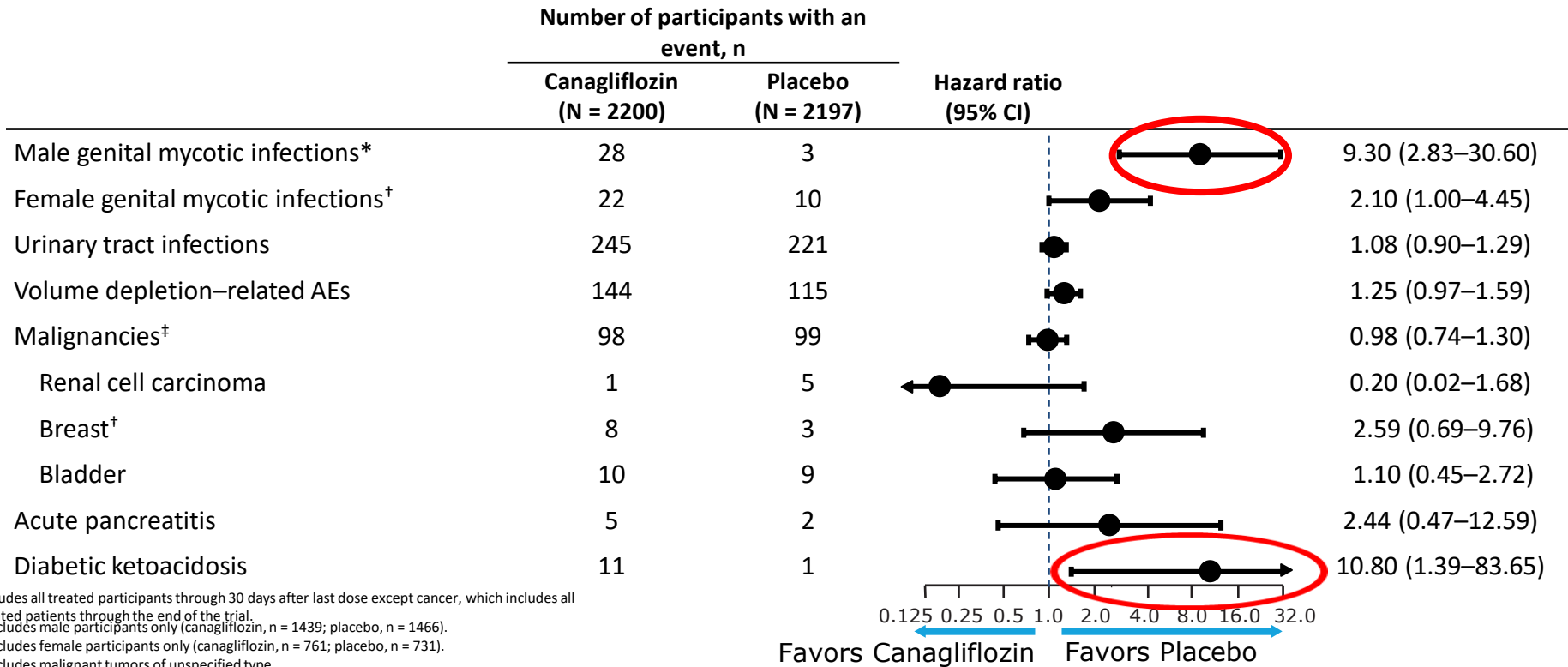
SoC: standard of care; ESKD: end-stage kidney disease; ARR: absolute risk reduction.

1. Invokana 100 mg and 300 mg film-coated tablets. Summary of Product Characteristics. [Accessed July 2020].

www.medicines.org.uk/emc/product/8855

2. Perkovic V, et al. N Engl J Med 2019;380:2295-306.

CREDESCENCE Other AEs of Interest



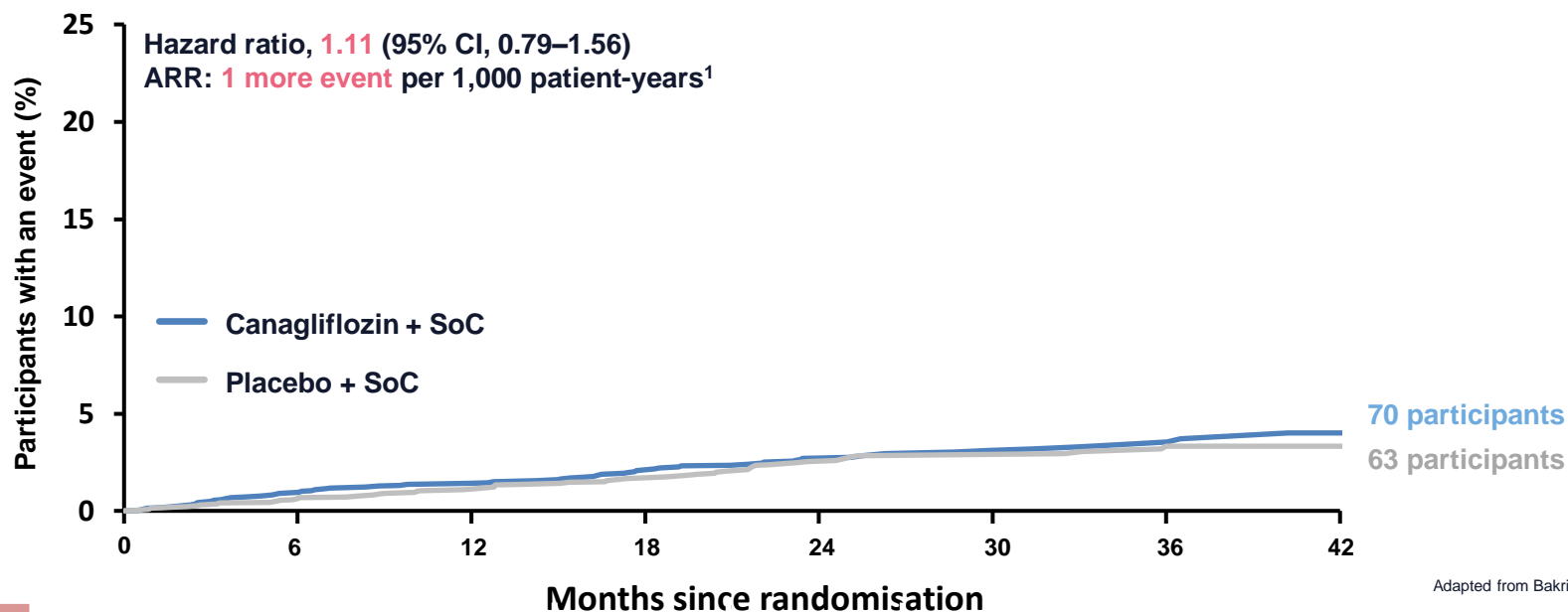
Includes all treated participants through 30 days after last dose except cancer, which includes all treated patients through the end of the trial.

*Includes male participants only (canagliflozin, n = 1439; placebo, n = 1466).

[†]Includes female participants only (canagliflozin, n = 761; placebo, n = 731).

[‡]Includes malignant tumors of unspecified type.

Safety outcomes from CREDENCE – LLA



Adapted from Bakris, et al.²

Number at risk	0	6	12	18	24	30	36	42
Placebo + SoC	2,197	2,169	2,131	2,065	1,766	1,177	658	182
Canagliflozin + SoC	2,200	2,163	2,118	2,071	1,788	1,228	667	202

¹ Invokana 100 mg and 300 mg film-coated tablets. Summary of Product Characteristics. [Accessed July 2020]. www.medicines.org.uk/emc/product/8855

² Bakris G, et al. CREDENCE. [Accessed July 2020]. <https://view.publitas.com/george-institute/credence-trial-results-and-slides/page/1>

³ Includes all treated patients through to the end of the trial. LLA: lower limb amputation; ARR: absolute risk reduction; SoC: standard of care.

Canagliflozin – European Commission

Change to posology (dosage) – what's new?

Invokana 100 mg	In the absence of severe albuminuria	Can now be initiated down to eGFR ≥ 45 mL/min/1.73 m²
	In the presence of severe albuminuria	Can now be initiated down to eGFR ≥ 30 mL/min/1.73 m² Continue dosing until dialysis or renal transplantation

If further glycaemic control is needed in patients with moderate or severe renal impairment, the addition of other anti-hyperglycaemic agents should be considered.

Severe albuminuria >30 mg/mmol

Is renal protection diabetes specific

DAPA-CKD:

Dapagliflozin in Patients With Chronic Kidney Disease^{1,2}



Objective

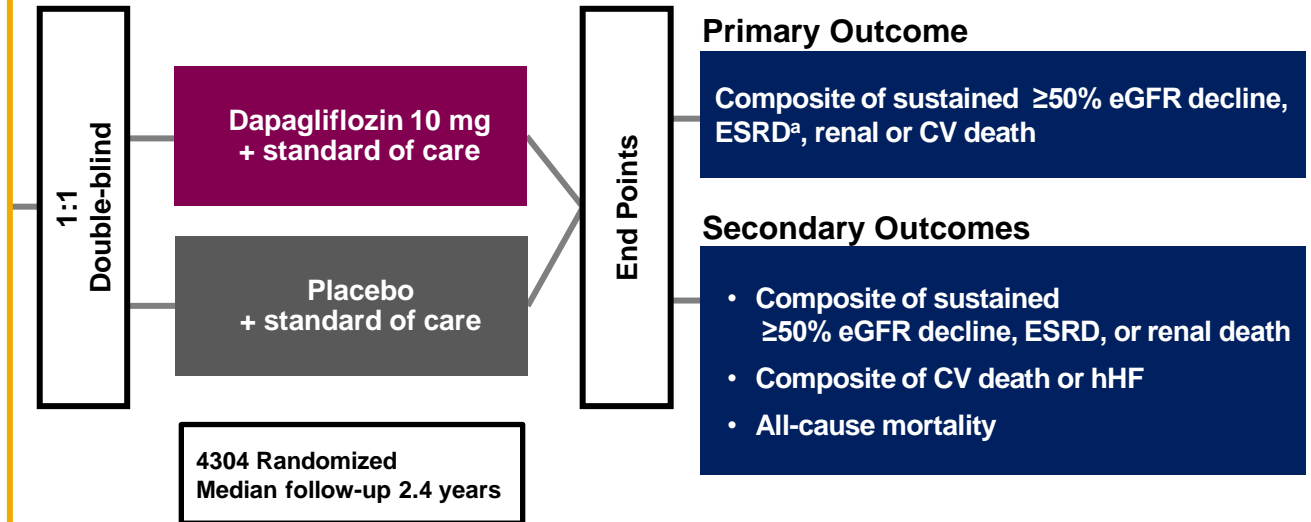
To assess whether treatment with dapagliflozin, compared with placebo, reduced the risk of renal and CV events in patients with CKD with or without T2D, and who were receiving standard of care including a maximum tolerated dose of an ACEi or ARB

Key Inclusion Criteria

- ≥18 years of age
- eGFR ≥25 to ≤75 mL/min/1.73m²
- UACR ≥200 to ≤5000 mg/g (≥ 22.6 to ≤ 565mg/mmol)
- Stable max tolerated dose of ACEi/ARB for ≥4 weeks
- With and without T2D

Key Exclusion Criteria

- T1D
- Polycystic kidney disease, lupus nephritis, ANCA-associated vasculitis
- Immunosuppressive therapy ≤6 months prior to enrollment

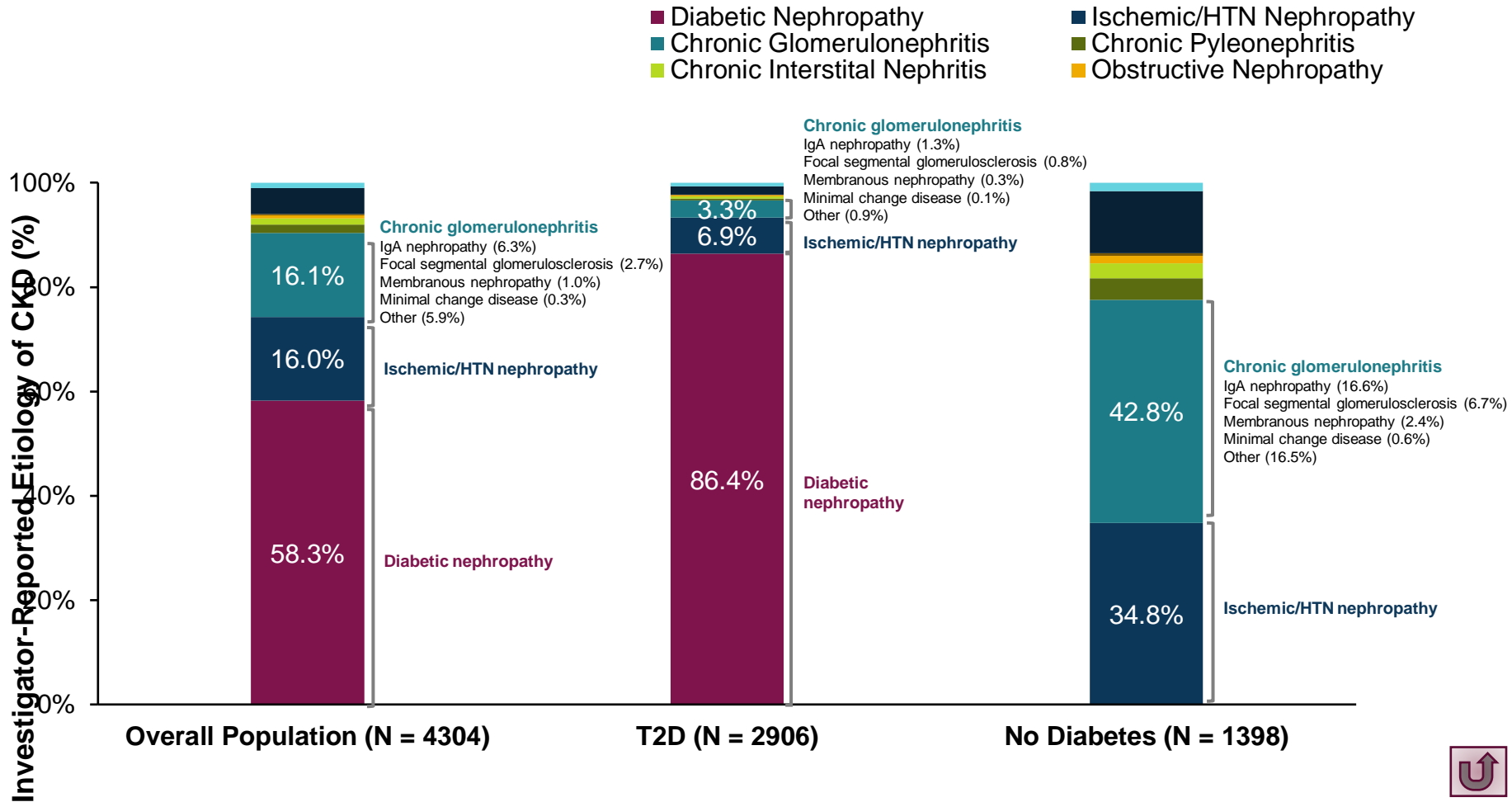


^aESRD defined as the need for maintenance dialysis (peritoneal or hemodialysis) for at least 28 days and renal transplantation or sustained eGFR <15mL/min/1.73m² for at least 28 days.

ACEi = angiotensin-converting enzyme inhibitor; ANCA = anti-neutrophil cytoplasmic antibody; ARB = angiotensin-receptor blocker; CKD = chronic kidney disease; CV = cardiovascular; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; hHF = hospitalization for heart failure; T1D = type 1 diabetes; T2D = type 2 diabetes; UACR = urinary albumin-to-creatinine ratio.

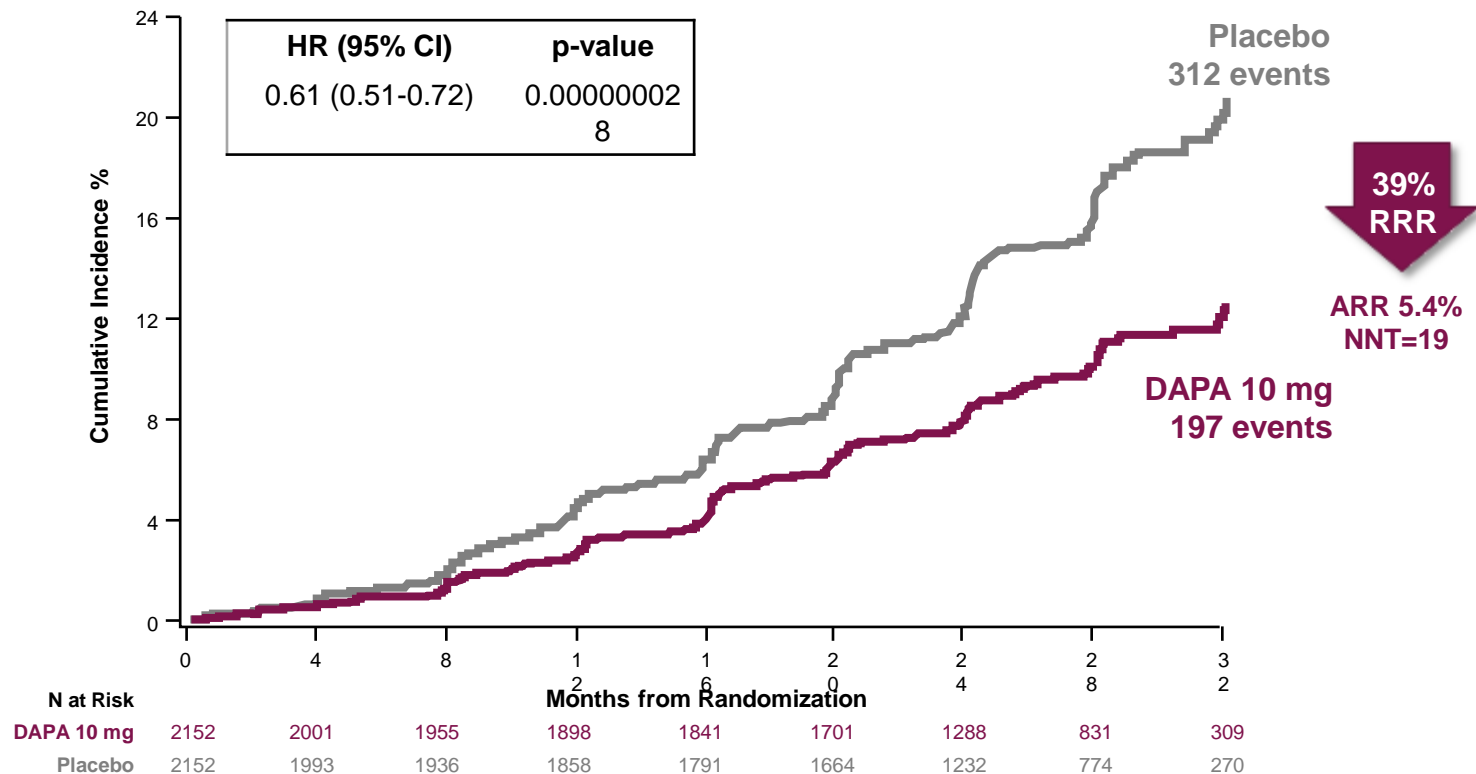
1. Heerspink HJL et al. *Nephrol Dial Transplant*. 2020;35:274–282; 2. Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

Etiology of CKD



HTN = hypertensive; IgA = immunoglobulin A; T2D = type 2 diabetes.
 Wheeler DC et al. Online ahead of print. *Nephrol Dial Transplant*. 2020.

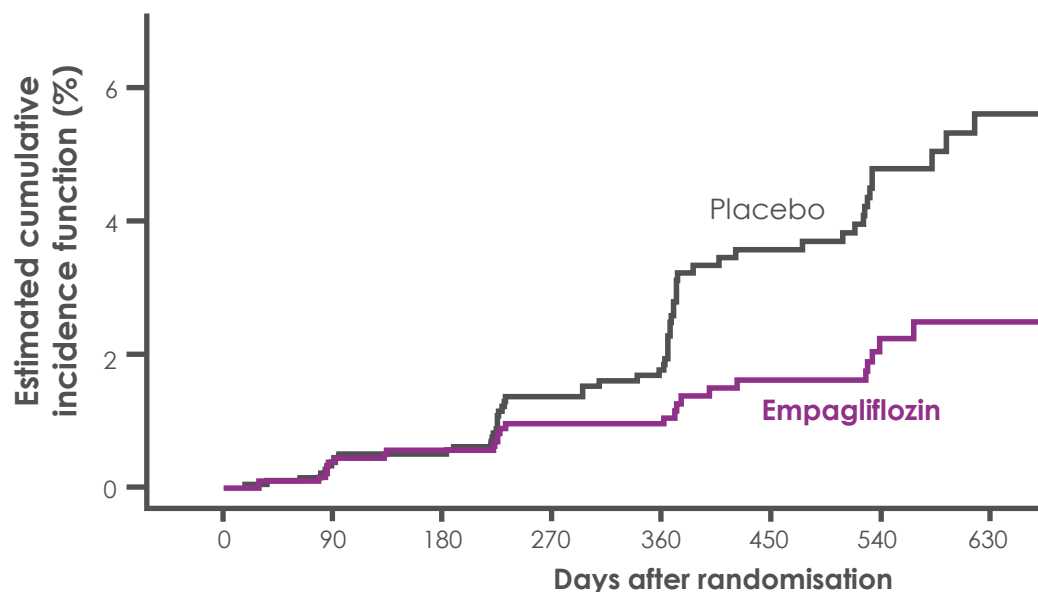
Primary Composite Outcome: Sustained $\geq 50\%$ eGFR Decline, ESRD, Renal or CV Death^a



^aESRD defined as the need for maintenance dialysis (peritoneal or hemodialysis) for at least 28 days and renal transplantation or sustained eGFR $< 15\text{mL}/\text{min}/1.73\text{m}^2$ for at least 28 days. Renal death was defined as death due to ESRD when dialysis treatment was deliberately withheld for any reason.² CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; HR = hazard ratio; ; NNT = number needed to treat; RRR = relative risk reduction.

1. Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020. 2. Heerspink HJL et al. *Nephrol Dial Transplant.* 2020;35:274–282.

Composite renal endpoint (end-stage kidney disease or sustained profound decrease in eGFR)



RRR
50%

ARR
1.5%

HR 0.50
(95% CI 0.32, 0.77)

Empagliflozin:
30 patients with event
Rate: 1.6/100 patient-years
Placebo:
58 patients with event
Rate: 3.1/100 patient-years

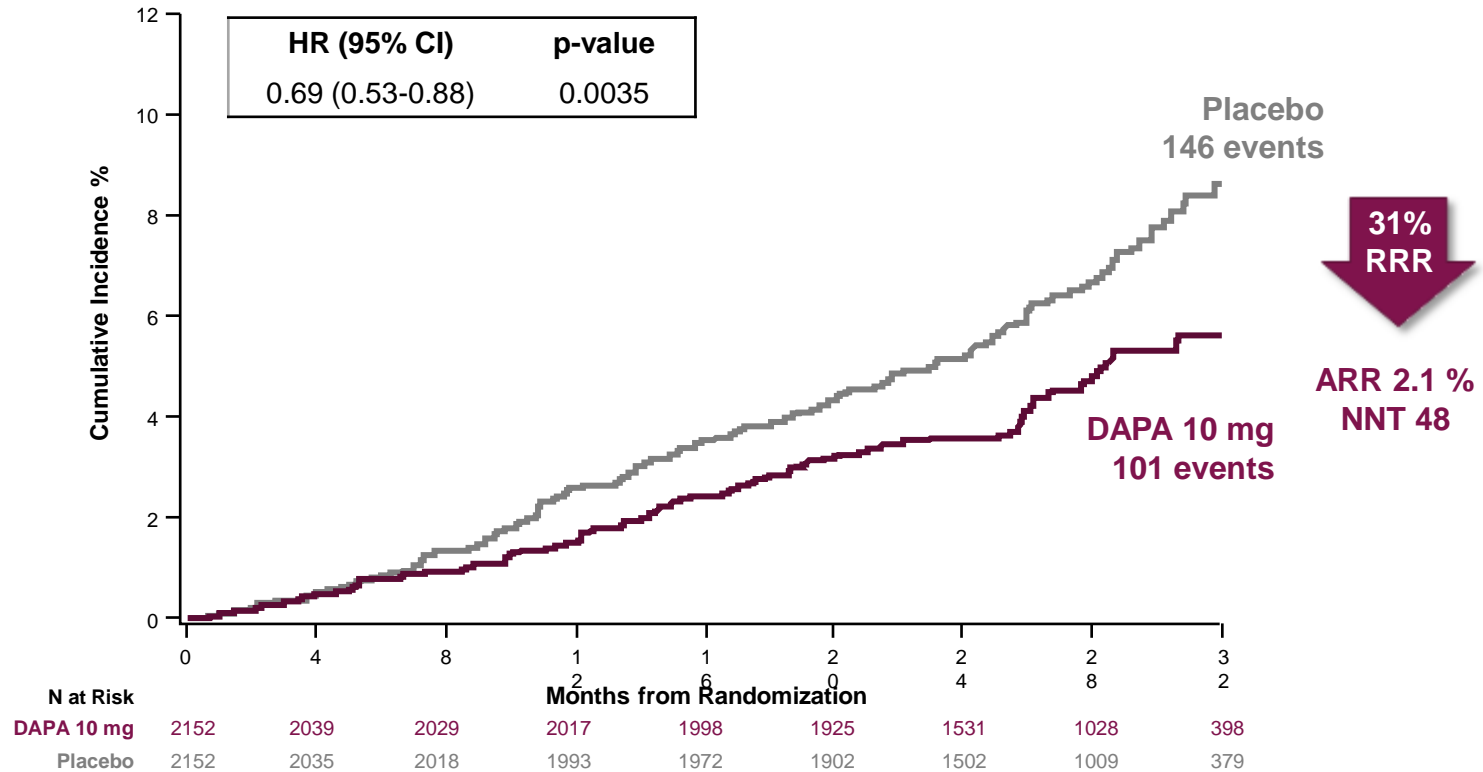
Patients at risk

	0	90	180	270	360	450	540	630
Placebo	1867	1592	1501	1136	1058	681	357	259
Empagliflozin	1863	1599	1532	1155	1062	687	391	276

Composite renal endpoint is defined as chronic dialysis, renal transplant, sustained reduction of $\geq 40\%$ eGFR or sustained eGFR < 15 ml/min/1.73 m² for patients with eGFR ≥ 30 ml/min/1.73 m² at baseline (< 10 ml/min/1.73 m² for patients with eGFR < 30 ml/min/1.73 m² at baseline). Dialysis is regarded as chronic if the frequency of dialysis is twice or more per week for at least 90 days. Cox regression model including covariates age, baseline eGFR (CKD-EPI), region, baseline diabetes status, sex, and baseline LVEF. CKD-EPI, Chronic Kidney Disease Epidemiology Collaboration; eGFR, estimated glomerular filtration rate; LVEF, left ventricular ejection fraction; PY, patient years. ARR, absolute risk reduction; RRR, relative risk reduction
Packer M *et al.* *NEJM* 2020 Aug 29. doi: 10.1056/NEJMoa2022190. Online ahead of print.



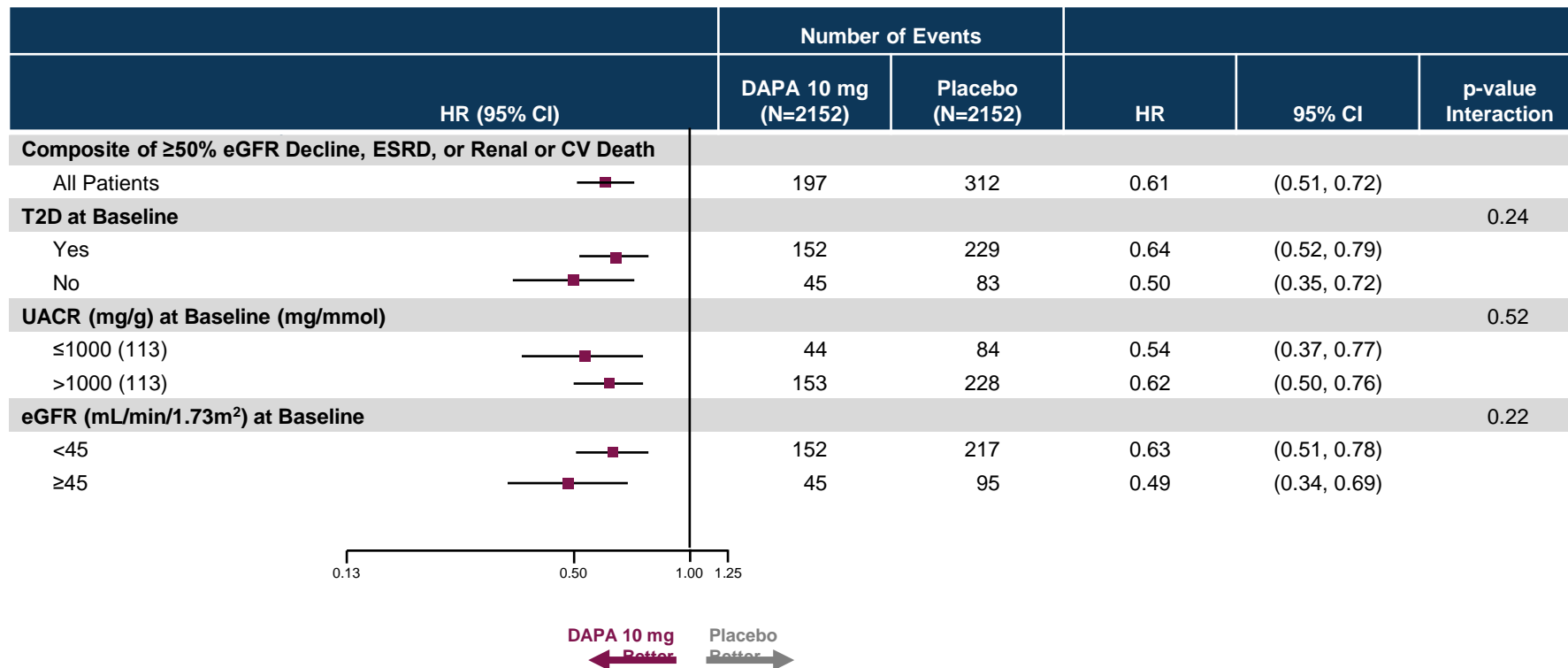
Secondary Outcome: All-cause Mortality



DAPA = dapagliflozin; HR = hazard ratio; RRR = relative risk reduction.

Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

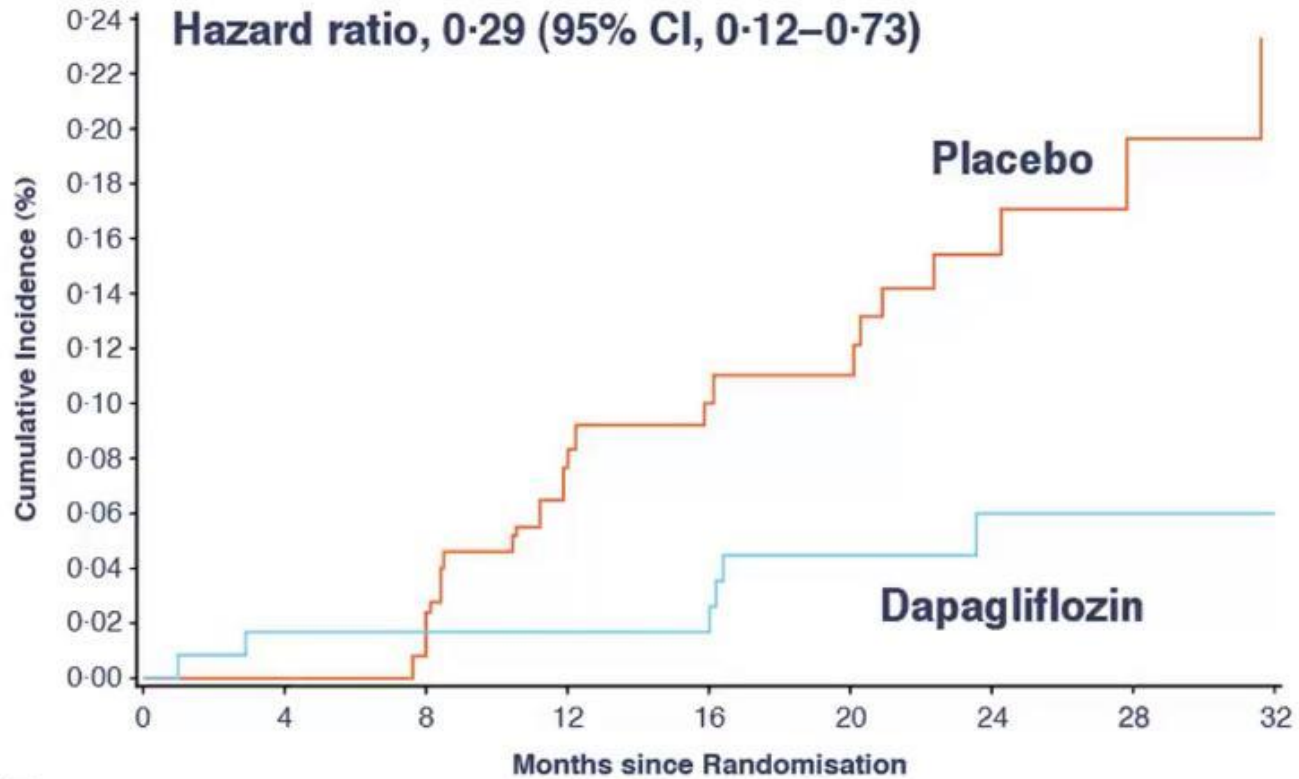
Primary Composite Outcome: Treatment Benefit Consistent Across Prespecified Subgroups



CV = cardiovascular; DAPA = dapagliflozin; eGFR = estimated glomerular filtration rate; ESRD = end-stage renal disease; HR = hazard ratio; T2D = type 2 diabetes; UACR = urinary albumin-to-creatinine ratio.

Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

IgA Patients



No. at Risk

Dapagliflozin	137	107	106	105	104	98	61	43	17
Placebo	133	113	108	101	96	92	51	32	19

Safety Outcomes

Safety Outcomes ^a , n (%)	Dapagliflozin 10 mg (N=2149)	Placebo (N=2149)
Discontinuation of study drug	274 (12.8)	309 (14.4)
Discontinuation due to adverse event	118 (5.5)	123 (5.7)
Any serious adverse event	633 (29.5)	729 (33.9)
Adverse events of interest		
Amputation ^b	35 (1.6)	39 (1.8)
Any definite or probable diabetic ketoacidosis	0	2 (0.1)
Fracture ^c	85 (4.0)	69 (3.2)
Renal-related adverse event ^c	155 (7.2)	188 (8.7)
Major hypoglycemia ^d	14 (0.7)	28 (1.3)
Volume depletion ^c	127 (5.9)	90 (4.2)
Serious adverse events of volume depletion	22 (1.0)	18 (0.8)

^aSafety outcomes reported in participants on and off treatment; ^bSurgical or spontaneous/non-surgical amputation, excluding amputation due to trauma;

^cBased on pre-defined list of preferred terms; ^dAdverse events with the following criteria confirmed by the investigator: i) symptoms of severe impairment in consciousness or behavior, ii) need of external assistance, iii) intervention to treat hypoglycemia, iv) prompt recovery of acute symptoms following the intervention

Heerspink HJL. Presented at: ESC Congress – The Digital Experience; August 29 - September 1, 2020.

FORXIGA offers simple dosing and administration¹



Convenient, once-daily dosing with no titration or dose adjustment required^a

INITIATE treatment

GFR

≥ 15

There is limited experience with initiating treatment with dapagliflozin in patients with eGFR < 25 mL/min/1.73m², and no experience with initiating treatment in patients with eGFR < 15 mL/min/1.73m². Therefore, it is not recommended to initiate treatment with dapagliflozin in patients with eGFR < 15 mL/min/1.73m² (see section 4.2).

Patients may continue on FORXIGA 10 mg once daily if eGFR falls below 15 mL/min/1.73 m²

If GFR falls below 45 mL/min, additional glucose-lowering treatment should be considered in patients with diabetes mellitus for whom further glycaemic control is needed

DRAFT SPC information submitted for regulatory approval

^a In patients with severe hepatic impairment, a starting dose of 5 mg is recommended. If well tolerated, the dose may be increased to 10 mg

CKD, chronic kidney disease; CV, cardiovascular; eGFR, estimated glomerular filtration rate; ESKD, end-stage kidney disease; GFR, glomerular filtration rate; hHF, hospitalisation for heart failure; T2D, Type 2 diabetes

1. AstraZeneca AB. FORXIGA (dapagliflozin) SmPC. Available at: <https://www.medicines.org.uk/emc/product/7607/smpc#ref> (Accessed July 2021).

SGLT2 I and clinical effectiveness

- **The glycaemic efficacy of SGLT2 I is dependent on kidney function and efficacy is reduced in patients with eGFR <60 and unlikely to have any glycaemic lowering effect at eGFR <30**

*Summary of product characteristics Canagliflozin, Empagliflozin and Dapagliflozin

SGLT2 I and clinical effectiveness

- **The glycaemic efficacy of SGLT2 I is dependent on kidney function and efficacy is reduced in patients with eGFR <60 and unlikely to have any glycaemic lowering effect at eGFR <30**
- **The cardio renal beneficial efficacy of SGLT2I is not dependent on kidney function and continues at GFRs at which there is very little glycaemic efficacy**

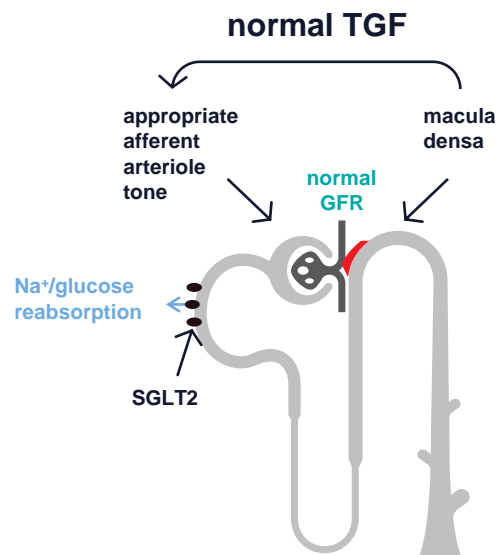
*Summary of product characteristics Canagliflozin, Empagliflozin and Dapagliflozin

Mechanisms

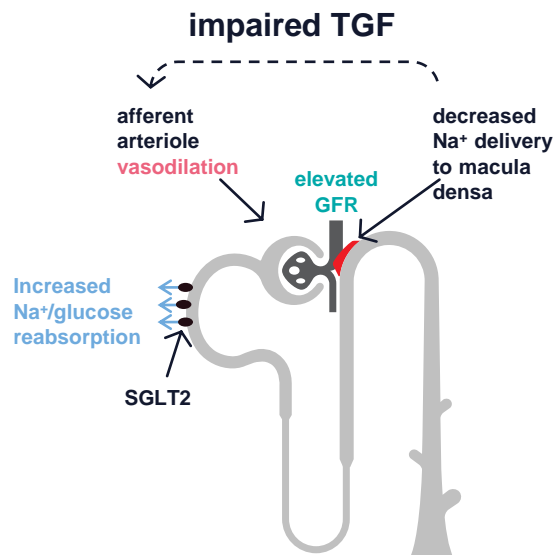
- Weight, BP (Not HbA1C)
- Tubuloglomerular feedback

SGLT2 inhibition – proposed mechanism for renal benefits

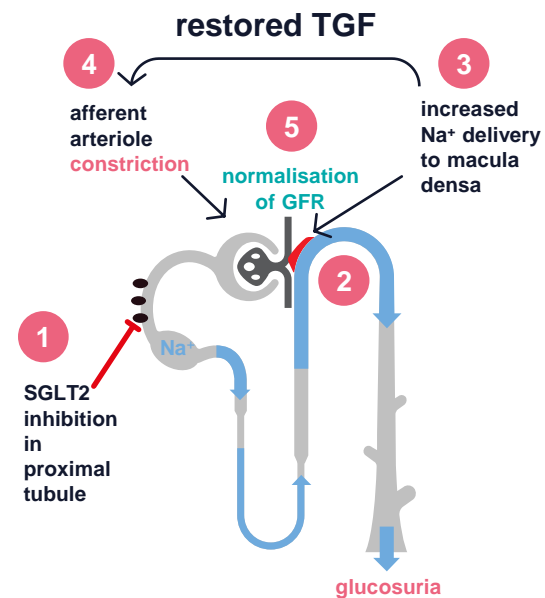
TGF: tubuloglomerular feedback



Normal physiology



Hyperfiltration in diabetes



SGLT2 inhibition reduces hyperfiltration via TGF

Adapted from Cherney, et al., 2014

SGLT2: Sodium-glucose co-transporter 2; GFR: glomerular filtration rate.

Cherney, DZ, et al. Circulation 2014;129:587-97.

Mechanisms

- Weight, BP (Not HbA1C)
- Tubulo glomerular feedback
- Glorified diuretic



Polyuria Natriuresis Glycosuria
Osmotic diuresis

Temporary diuresis

Plasma volume ↓

Plasma renin activity ↑

Systemic RAS ↑

Acutely compensation

Systemic RAS ↔

Blood glucose ↓

Kidney AGT ↓ or ↑

Intrarenal RAS ↓ or ↔ or ↑

SGLT2, sodium glucose cotransporter 2
RAS, renin angiotensin system
AGT, angiotensinogen

Mechanisms

- Weight, BP (Not HbA1C)
- Tubulo glomerular feedback
- Glorified diuretic
- Distal renal tubular hypertrophy and hyperplasia
- Beta Blocker of the kidneys (Gilbert R Lancet Diab and Endo Vol 4 Issue 10 P814 2016)
- Na H exchanger inhibition (Packer Circulation 2017 137 1548)
- Podocyte stabilisation - SGLT2 on podocytes and reduction in podocyte damage in mouse proteinuric non-diabetic nephropathy (Cassis JCI insight 2018)
- Shifting fuel metabolism to ketones and lipids (Packer Diab Care 2020 43 508-511)

Using SGLT2I

- Licences for SGLT2I still predominantly gluco-centric
- Canagliflozin can now be initiated in patients with T2DM and albuminuria down to an eGFR of 30 and continued thereafter to ESKF
- Dapagliflozin can now be used as treatment for patients with CKD irrespective of diabetes status

Hold your horses



- Licences for SGLT2I still predominantly glucocentric
- Canagliflozin can now be initiated in patients with T2DM and albuminuria down to an eGFR of 30 and continued thereafter to ESKF
- Dapagliflozin can now be used as treatment for patients with heart failure irrespective of diabetes status

SGLT2I Safe Prescribing and PIS

The screenshot shows a web browser window displaying the NHS intranet. The address bar shows the URL: <https://intranet.imperial.nhs.uk/Interact/Pages/Content/Document.aspx?id=9315>. The page header includes the NHS logo, Imperial College Healthcare NHS Trust, and navigation links for COVID-19 RESPONSE, WORKING HERE, A-Z DIRECTORIES, and MORE. A search bar is present. The main content area features a dropdown menu for 'Adult' with a list of medical specialties including Anaesthetics, Ambulatory emergency care, Cardiology, Breast surgery, Cardiothoracic surgery, Critical care, Dermatology, Emergency medicine, Endocrinology and diabetes, End of life care, ENT, and Gastroenterology. The main heading is 'Sodium Glucose Transporter 2 Inhibitor (SGLT2I) use for cardiorenal protection in adult patients with Type 2 Diabetes: Prescribing Guideline'. Below the heading, it states 'Published: 17/08/2020 Last Updated: 18/08/2020'. An 'Uploaded File' section contains a link to 'SGLT2I_prescribing_guideline_v1.0_Jun20_FINAL.pdf (548 KB)'. On the right side, there is a profile icon and text indicating it was published by the Clinical Guidelines Group. A large blue number '01' is visible on the right. The bottom of the browser shows a taskbar with various application icons and a system tray with the date 07/09/2020 and time 09:00.

<https://intranet.imperial.nhs.uk/Interact/Pages/Content/Document.aspx?id=9315>

Cautions 1

1. Frail elderly
2. Potential for pregnancy
3. SGLT2I should **not** be prescribed in people with type 1 diabetes or people with type 2 diabetes who may be at greater risk of **euglycaemic** diabetic ketosis. These individuals can still receive SGLT2Is but they should **only** be prescribed under clear direction of a diabetologist.
 - Generally, most individuals will have a very low risk of this complication particularly if they are following good sick day guidance.
 - Those to be aware of are those who have low beta cell functional reserve:
 - a. People who have rapidly progressed to requiring insulin (within one year of diagnosis)
 - b. Past history of DKA
 - c. History of pancreatic disease – including alcoholic pancreatitis as a cause of their diabetes
 - d. BMI <27
 - e. The possibility of Latent Autoimmune Diabetes in Adults

Cautions 2

1. Sick day guidance
2. Reiterate that if on an SGLT2I very low carbohydrate diets (or ketogenic diets) carry an increased risk of ketosis
3. In people with reasonable glycaemic control and risk of hypoglycaemia consider reducing other hypoglycaemic inducing agents when introducing SGLT2i
4. In people on diuretics consider reducing the dose
5. Give advice on the need to seek medical attention (via GP, pharmacy or urgent care centre) should they develop symptoms of a genital infection.
6. Caution is advised if the person has active peripheral vascular disease including active arterial ulceration or claudication – advice should be given on foot care
7. Even though there is no reported increased risk of UTIs with SGLT2I, care should be taken patients who may have significant lower urinary tract abnormalities or complex stones.

Key messages

- The number of people with diabetes developing chronic kidney disease (CKD) and leading to end stage kidney failure is set to progressively increase over the next 10 years and poses challenges for the healthcare community alike
- Diabetic kidney disease carries a significant risk in relation to morbidity and mortality which is most particularly expressed in the form of cardiovascular disease
- There had been no advances made in relation to the management of patients with diabetic kidney disease since the late 1990s when inhibition of the renin angiotensin aldosterone system (RAASi) was demonstrated to provide benefit in patients with proteinuric CKD.
- There is emerging and compelling evidence now to support significant benefit for people with DKD (and indeed other forms of CKD) from sodium glucose co-transporter (2) inhibitors (SGLT2i)