

## **HIDS during COVID 19 ; Updated January 2021**

<b>Duty Senior DSN</b>	Telephone Advise line for all Primary Care Providers / District Nurses/ Other HCP Monday to Friday 07584 703 989 9 to 5pm
<b>Acute Tier of HIDS</b>	<ul style="list-style-type: none"><li>• Daily telephone advise line for patients under care of acute tier</li><li>• Daily Ward Support to accelerate hospital discharge<ul style="list-style-type: none"><li>• Priority Clinics continue [ Foot MDT ,Antenatal , Pump and Young Adult Clinic]</li></ul></li></ul>
<b>Admission avoidance</b>	<ul style="list-style-type: none"><li>• Providing support to primary care providers, residential care homes and other members of the wider multidisciplinary team.</li><li>• Advising patients on diabetes management when unwell, preventing unnecessary admissions.</li><li>• Supporting insulin management and insulin adjusting, medication and equipment issues.</li><li>• Providing psychological support to patients, family and carers in view of current climate of COVID 19.</li><li>• Discussing Sick day Rules</li></ul>
<b>Insulin Initiation and Medication Management</b>	<ul style="list-style-type: none"><li>• Assessment and initiation of Insulin regimen</li><li>• Changing to alternative insulin therapies on assessment.</li><li>• Teaching home blood glucose monitoring and setting individualized targets.</li><li>• Alterations to diabetes oral medications and or GLP1 injectable therapies</li><li>• Accessing and reviewing Blood Results</li></ul>
<b>Clinics</b>	<ul style="list-style-type: none"><li>• Routine face to face clinics converted to Virtual / Telephone</li><li>• Consultant Led Locality MDT virtual Clinics</li></ul>

	<ul style="list-style-type: none"> <li>• Urgent patients assessed individually for most appropriate consultation</li> </ul>
<b>Hypo Education</b>	<ul style="list-style-type: none"> <li>• Teaching patients how to manage hypos</li> <li>• Supporting, advising and reassuring relatives and carers of patients to prevent hospital admissions.</li> <li>• Alterations to Diabetes Medication as necessary</li> <li>• Liaison with District Nurses to alter/ change treatment plan</li> </ul>
<b>Technology Support.</b>	<ul style="list-style-type: none"> <li>• Provide ongoing and essential technological support for patients who are at high risk due to hypoglycaemia and DKA.</li> <li>• Although this is included in other sections above, it is a specialist and crucial part of the service as this allows us to make adjustments to their current insulin regimen</li> </ul>
<b>Renal</b>	<ul style="list-style-type: none"> <li>• Supporting patients on renal dialysis and all involved in their care and management.</li> <li>• Blood analysis and altering treatment plan.</li> <li>• Monitoring changes to treatment plan and change of therapies.</li> </ul>
<b>End of Life Care</b>	<ul style="list-style-type: none"> <li>• Supporting hospice, care home and carers to ensure patients are comfortable and symptom free</li> <li>• Following end of life guidelines , altering medication aiming to avoid hypo/hyperglycaemia</li> </ul>
<b>Sick Day Rules</b>	<ul style="list-style-type: none"> <li>• Ensuring patient safety and preventing hospital admission.</li> <li>• Teaching glucose testing and blood ketone testing as appropriate</li> <li>• Advising patients how to Alter Diabetes Medication</li> </ul>
<b>Education</b>	<ul style="list-style-type: none"> <li>• Online DESMOND</li> <li>• Online DAFNE</li> <li>• OVIVA [ Stopped as of October 2020]</li> <li>• Online Carbohydrate Awareness</li> </ul>

	<ul style="list-style-type: none"><li>• Individual Insulin starts either face to face or virtual</li><li>• On Line Group Libre Sessions</li><li>• Consultant Practice Visits offered Virtually</li></ul>
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Please note Locality DSN can offer virtual reviews within practices where capacity allows.

**Signposting:**

- **Website: [www.hct.nhs.uk](http://www.hct.nhs.uk) | Twitter: @HCT diabetes @HCTNHS**
- **<https://www.england.nhs.uk/london/london-clinical-networks/our-networks/diabetes/diabetes-covid-19-key-information/>**
- **[Hertscommunity.diabetes@nhs.net](mailto:Hertscommunity.diabetes@nhs.net)**
- **ERS Via choose and book**
- **Office Number: 01727 732 082**

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**Planned Clinical Pathway Lead**  
**Podiatry, Diabetes and Diabetic Retinal Screening**