

Herts Valley Integrated
Diabetes Service
(HIDS)

HIDS during COVID-19

28th May 2020

Challenges



Herts Valley Integrated
Diabetes Service
(HIDS)

- Rapidly changing clinical landscape
- Local / National guidance
- Redeployment
 - Acute
 - Community
- Shielding by members of staff
- Sickness

Short-term changes



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- Community Treatment Unit (SACH)
 - Urgent face to face reviews for e.g. new Type 1 diabetes, hyperglycaemia etc.
- Virtual review roll-out
- Libre application process simplified
- Contingency planning doc circulated
 - Including:
 - Key contacts
 - Admission avoidance advice

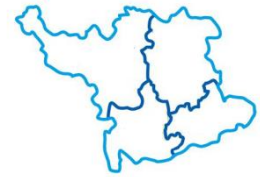
Acute tier



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- Telephone clinics instead of face to face clinics
- Young adult clinics/CSII prioritised by Consultant team
 - Virtual support by DMHLT
- Podiatry
 - MDT Foot clinics (HHGH) Mon/Weds/Fri
 - Twice weekly diabetic foot WRs
 - MDT meetings now restarted
- Weekly Combined Ante-natal clinics with Obstetrics
 - Adoption of RCOG criteria for diagnosis of GDM
- In-patient specialist review
- Emergency patient helpline
- Use of HHGH and SACH as 'cold / non-COVID' sites

Community Diabetes Nursing



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- All face-to-face clinics converted into telephone clinics
 - Including MDTs
 - Daily virtual Consultant support
 - Nursing reviews continue
 - Holding details of and addressing caseload waits (Doctor)
- Video-conferencing
 - Insulin starts
 - GLP-1 RA starts
 - Freestyle Libre start
 - Teaching of BG monitoring
- Face to face reviews
 - Insulin starts
 - Urgent housebound reviews
 - CTU reviews to avoid admission

Diabetic Podiatry



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- Review of all high risk feet in clinics
 - Admission avoidance key
 - National guidance to only treat patients with active diabetic foot ulcer
- MDT Foot clinics (HHGH) Mon/Weds/Fri
- MDTF WR (WGH) x2 /week
- Clinician of the day retained
- Home visits
- Future plans:
 1. Close attention to national guidance and social distancing measures (has to be face to face reviews)
 2. Increase no. of MDFT clinics
 3. June – start step-up/step-down clinics (Avenue, Marlowe's, St. Alban's Civic Centre)

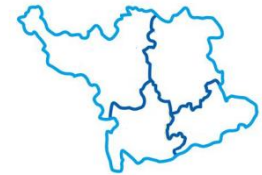
Diabetes Dietetics



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- Continued to receive referrals and tried to support remotely
 - Type 1 DM Education:
 - DAFNE paused - On-line course being developed, July course planned
 - Individual support
 - BERTIE programme (on-line)
 - Type 2 DM
 - Offer of digital options (MyDESMOND and OVIVA)
 - Starting Insulin Together – support provided via videoconferencing
 - Carb awareness suspended

Diabetes and COVID-19

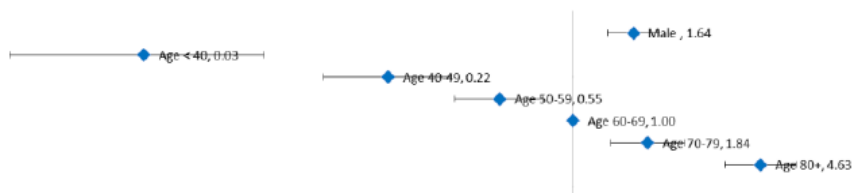


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2 recent papers (NHSE):

1. Population study - T1 and T2 DM related mortality in England
 - Multivariate logistic analysis (adjusted for demography and co-morbidities)
 - T1 DM: RR 2.86 ; T2 DM: RR 1.81
 - Established as an independent risk factor for in-patient hospital death
2. Cohort study – T1 and T2 DM related mortality (T1 DM deaths = 418)
 - HbA1c >86 mmol/mol and 48-53mmol/mol
 - T1 DM: HR 2.19; T2 DM: HR 1.62
 - BMI >40 vs. 25-29.9
 - T1 DM: HR 2.15; T2 DM: HR 1.46
 - U shaped relationship
 - BAME
 - HR 1.68 – 1.79
 - Age

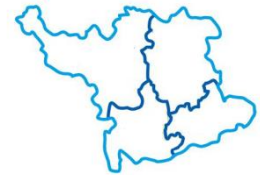
Covid-19 related mortality in people with Type 1 diabetes



Covid-19 related mortality in people with Type 2 diabetes



Polite request



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West Hertfordshire Hospitals **NHS**
NHS Trust

Hertfordshire Community **NHS**
NHS Trust

REFERRAL FORM INTEGRATED DIABETES SERVICE

**Referrals must be submitted by e-RS -
e-RS Primary Care Menu Speciality: Diabetic Medicine Clinic Type: All clinic types – send for triage**

Patient Enquiries:

Single Point of Contact (SPOC), Herts Valleys Integrated Diabetes Service, Community Diabetes Specialist Team; Sandridge Gate Business Centre
Ronsons Way, St. Albans AL4 9XR
Tel: 01727 732082 Email: Hertscommunity.diabetes@nhs.net

Diabetes Renal – Please refer to West Herts Renal Pathway

USS kidneys/autoimmune screen performed

Y N

Key contacts



Herts Valley Integrated
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- Diabetes Nurse Duty Senior:
(07584) 703989
- DSN Office:
(01727) 732082
- Diabetes Admin Office:
(07900) 913021
- WHHT Patient Advice Line:
(01923) 217553
- Podiatry Clinician of the Day:
(01727) 732004