

Prevention of Amputation

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- **1-4% of people with diabetes will develop an ulcer per year**
- **Approximately 58% of DFU patients will become clinically infected.**
- **The number of diabetes-related amputations in England has now reached an all-time high of 20 a day**

- **Individuals with diabetic foot ulcers have a 50% chance of mortality in 5 years**
- **Early diagnosis and early intervention by an MDT approach can achieve good outcomes**

Case Study One

Red Hot swollen Foot



Case Study One

Hertfordshire Community
NHS Trust



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Learning Points

Any red, hot, swollen feet – consider Charcot until ruled out

Refer early to MDT

Early diagnosis helps prevents deformity

A diagnosis of Charcot is a life changing event for the patient



Case Study 2

Complex Foot Ulceration

Hertfordshire Community
NHS Trust



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Case Study 2



Learning Points

Early referral to podiatry and the MDT

It takes a team to heal an ulcer

Patients with a history of foot ulcer have a 50% risk of re-ulceration



- Podiatry has a tiered approach to match podiatry need to risk classification
- MDT capacity is currently limited
 - West Hertfordshire 16 appointments per week
 - East Hertfordshire 28 appointments per week
- Multidisciplinary team working is essential for
- When people with a foot attack get rapid access for treatment by a specialist multi-disciplinary team this has been shown to promote faster healing and fewer amputations, saving money and lives.

A Diabetic Foot Ulcer requires a team

Hertfordshire Community



NHS Trust

Diabetologist

The Patient

Paediatric Consultant

Practice Nurse

Diabetic Team

Diabetes Specialist Nurse

District Nurse



G.P.

Dieticians

Tissue Viability Nurses

Podiatrists

Orthotist

Orthopaedic Surgeon

Pharmacist

Radiologist

Microbiologist

Vascular Surgeon

How to refer to NHS Podiatry

- Wound / Ulceration
- Red Hot Foot
- **Urgent Fax to HCT Podiatry**

Tel 01582 711544

Fax 01582 765537

www.hct.nhs.uk/our-services/podiatry-service/

HCT Podiatry does not provide home visits

When to refer to podiatry

- Ongoing specialist foot care
 - Callus and corns in people at risk
 - Nail care for those at risk

Hertfordshire Podiatry Service

Harpenden Memorial Service

Carlton Road

Harpenden

AL5 4TA

Tel 01582 711544

www.hct.nhs.uk/our-services/podiatry-service/

Complete application form from HCT website and send to podiatry