

## A New Integrated Diabetes Service

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# Your Care, Your Future

- Nationally – 6% of population have Diabetes growing at about 5% per year. About 10% of people with diagnosed diabetes have type 1 and 90% have type 2 diabetes
- Herts Valleys – 2014/15 5.3% of population had diabetes (24,974) growing at about 0.3% per year
- Your Care, Your Future – Has identified as a priority Long Term Condition area .  
Key themes identified by patients – prevention, joined up care, care closer to home, ongoing education, psychological support.



# Diabetes – Case for Change

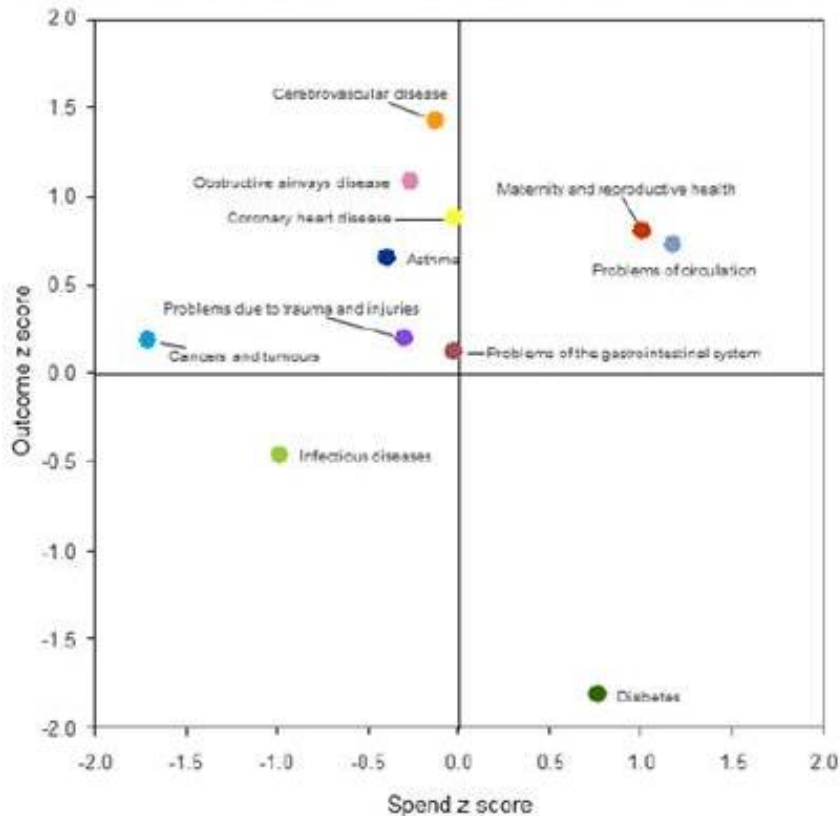
- Workforce/operational issues in HCT
- Low levels of GP education
- Low up take of structure education sessions,
- Long waits for both services
- Unnecessary duplication of care
- Delay in patients seeing the right clinician at the right time.
- Foot = ‘burning platform’, not meeting NICE standards, poor outcomes NB amputation compared with other similar CCGs.



# Diabetes – Case for Change

- Outcomes for diabetes although improving have been identified as poor:

West Hertfordshire outcomes vs spend matrix compared with peer group, 2013



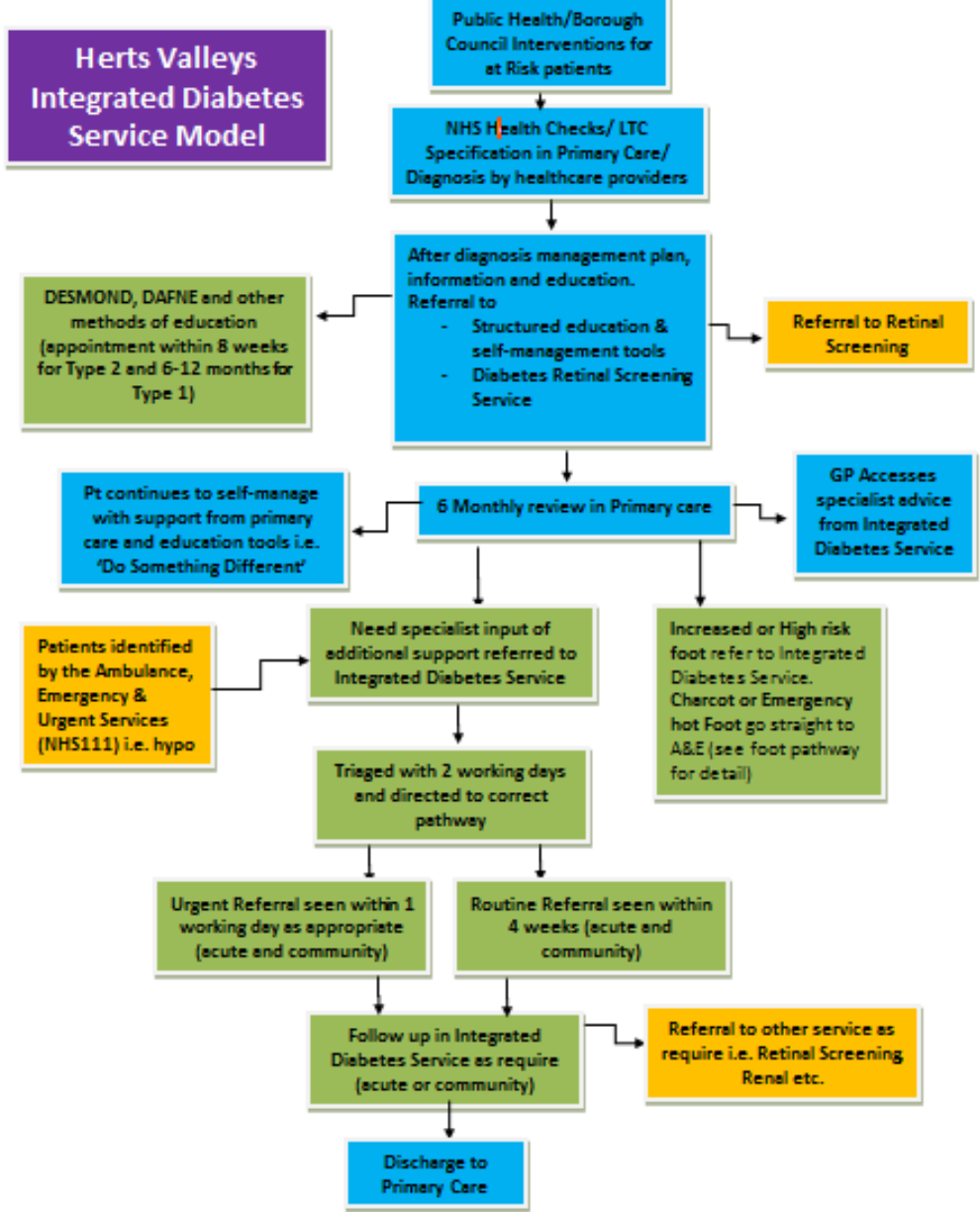
2014 Spend and Outcome Tool produced by Public Health England, and tabled above.

Figure 6: West Hertfordshire outcomes vs spend matrix compared with peer group (2012/13)\*

# ***Development of the Model***



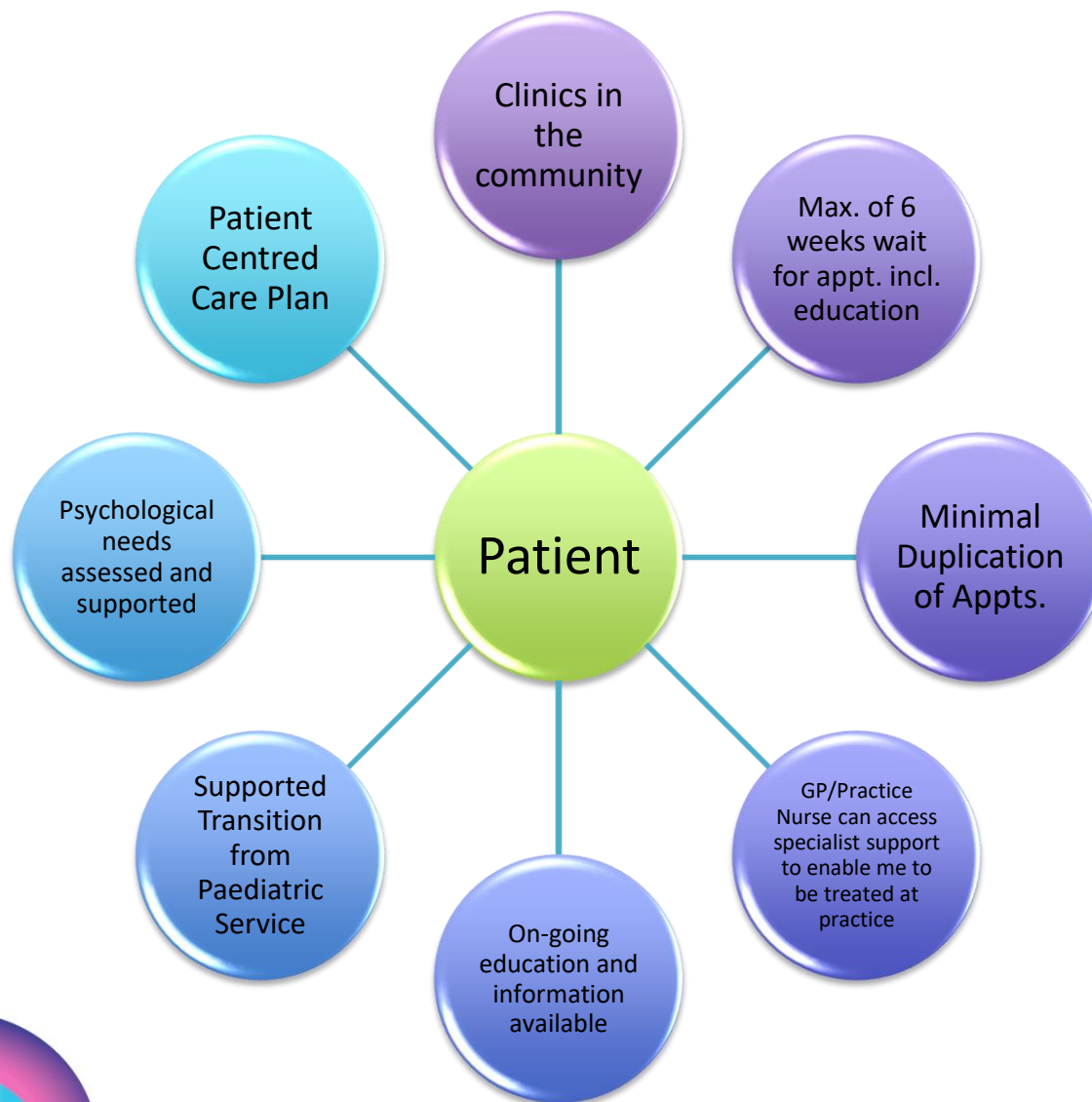
# Herts Valleys Integrated Diabetes Service Model



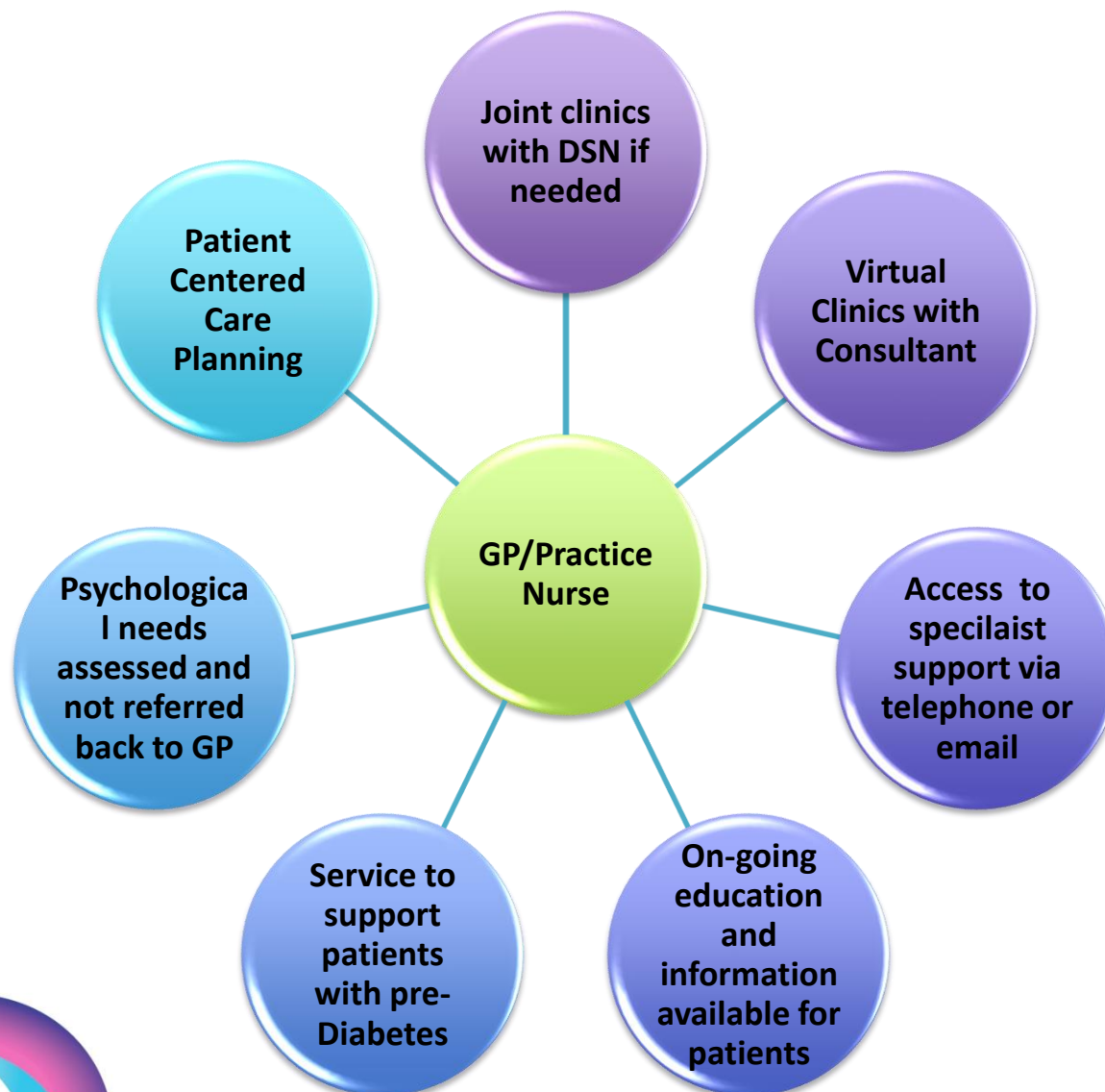
Key	
Pt in Primary Care	<span style="background-color: #0070C0; color: white; padding: 2px;"> </span>
Pt in Integrated Diabetes Service	<span style="background-color: #70AD47; color: white; padding: 2px;"> </span>
Pt in other service	<span style="background-color: #FFC000; color: white; padding: 2px;"> </span>

Interdependencies to other service including: Physical, Mental Health, End of Life Care and Social Care Service

# Diabetes New Service



# Diabetes New Service





# Children's Services

- Together agree Children not to be included due to the best practice already being followed in Children's
- Developed transition process to ensure robust patient centred service during the move from children's to adult services



# Mental Health & LD

- Development of HPFT CQUIN for diabetes
- 3 tiers of service:
  - WBS – diabetic patients needing mental health support.
  - Psychiatric support for complex patients e.g brittle type 1s.
  - Multi-disciplinary team approach to patients with SMI, LD and diabetes or at high metabolic risk.
- Ongoing mutual education.



# Next Steps & Implementation

Implementation of the new model through:

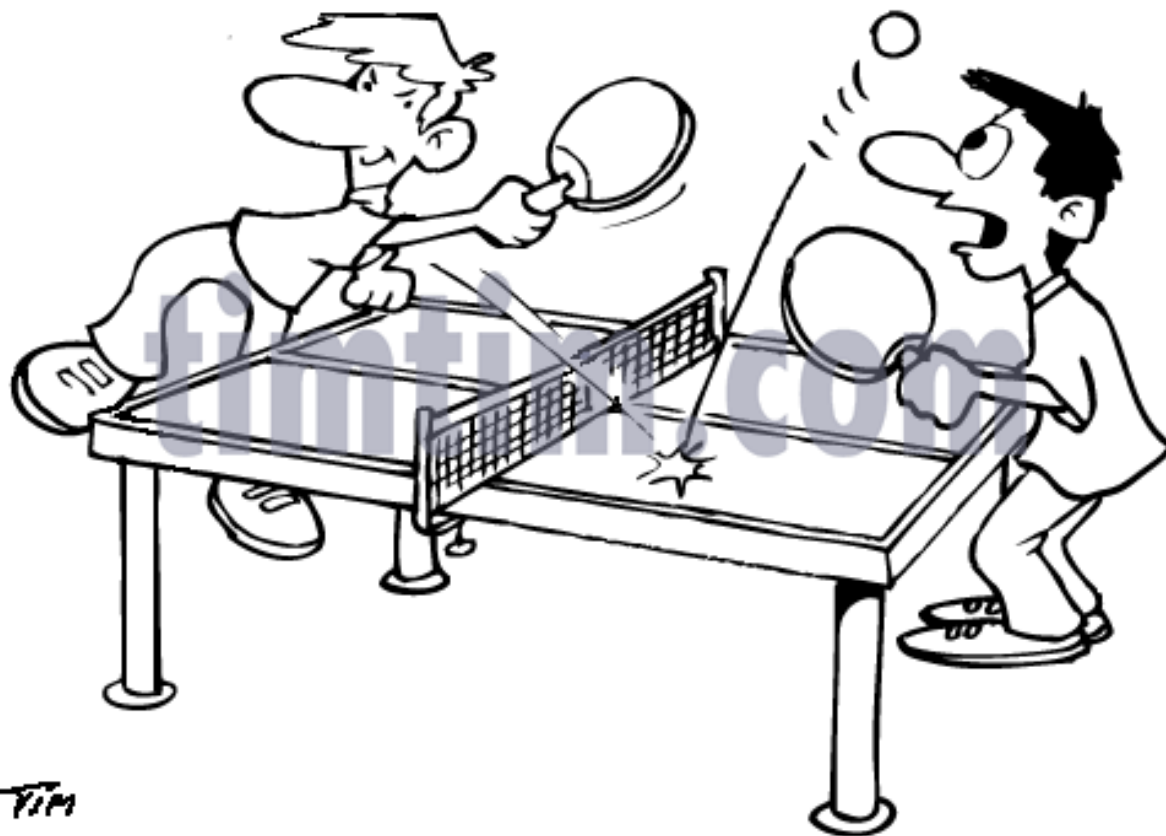
- Assurance Framework for most capable provider (incumbent providers) input from all directorates across CCG involved in this process
- Task and finish groups as part of Diabetes Clinical forum to work on the following stages of the pathway :
  1. Primary care up-skilling and education of the multi-disciplinary team.
  2. Structured patient education and care planning
  3. Medicines optimisation & IT



# A Skilled Clinical Workforce



# Less 'Ping-Pong' Care



# More Collaborative Care



# Less of this



# More of that





# Less Waiting





# Better outcomes

