



Herts & West Essex Diabetes Conference

16th September 2021



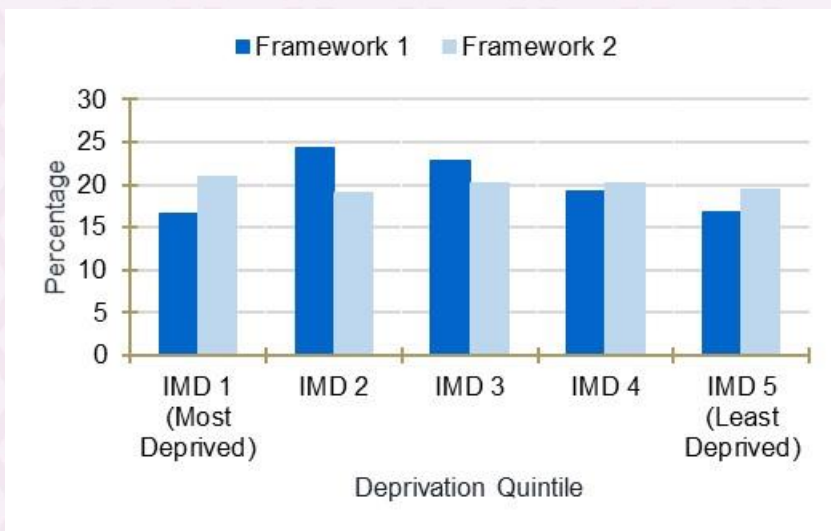
Herts & West Essex Diabetes Conference 2021

- National & Local success of the NDPP
- Update on the programme since moving to remote delivery
- Referrals across the STP
- Q&A

National Successes

Distribution of referrals by Quintile of Deprivation

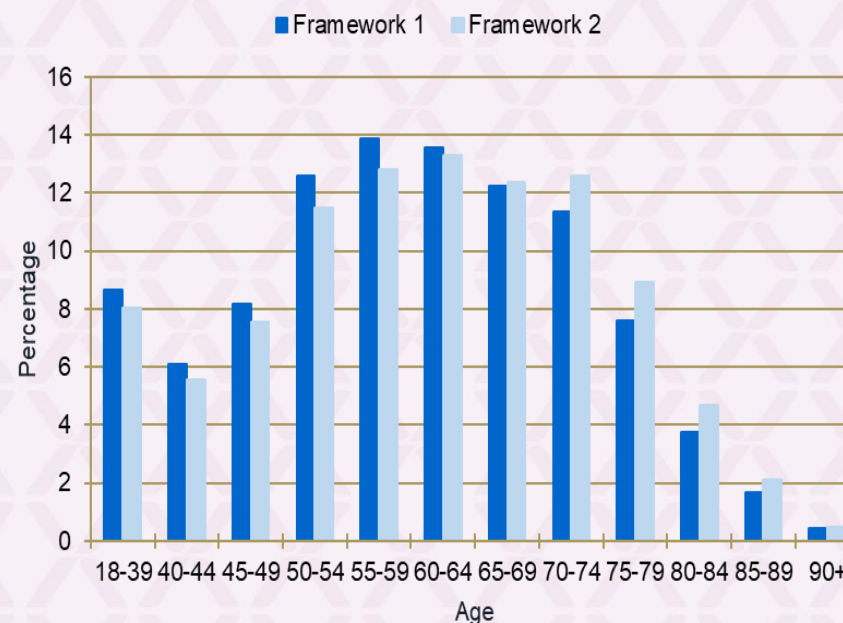
Referrals Jul 20 – Dec 20, Dec MDS



- Since delivering our NDPP2 contracts (July 2019), the proportion of individual's from the most deprived quintile (IMD1) has increased.

Distribution of referrals by Age and Framework

Referrals Jul 20 – Dec 20, Dec 20 MDS

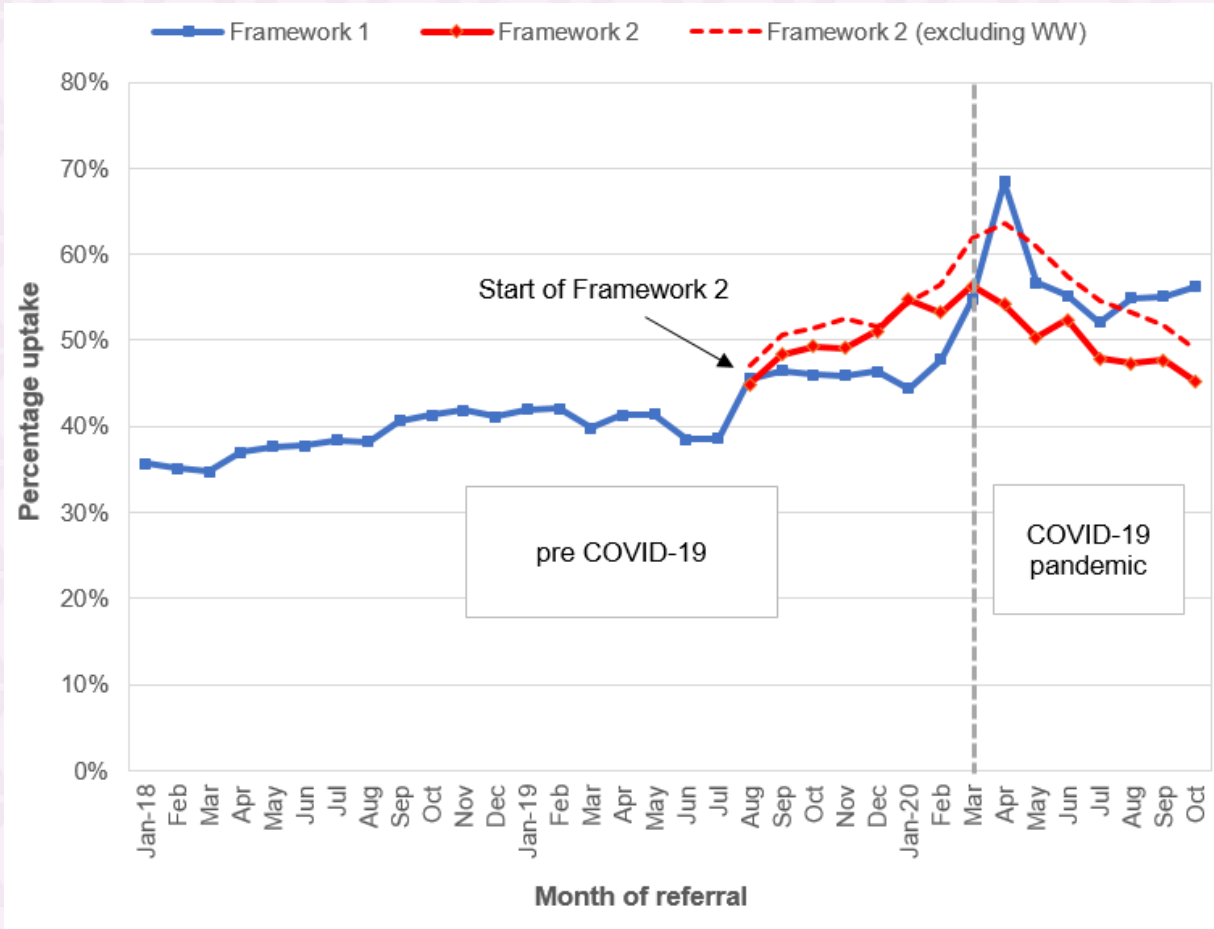


- 59% of referrals received during F2 in 2020 were for individuals under 65 years of age, which is up 1% from F1.
- F2 had significantly higher proportions of referrals in the 18-64 age group (+6%).

National Successes

Percentage of referrals who attended at least one intervention session by framework and by month of referral

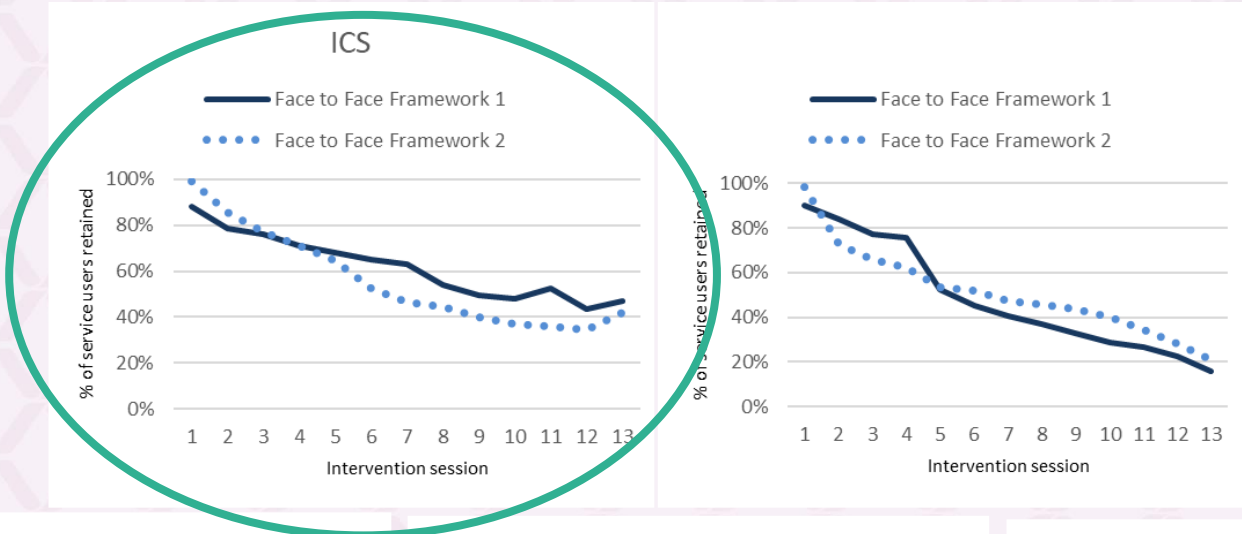
Dec 2020 MDS



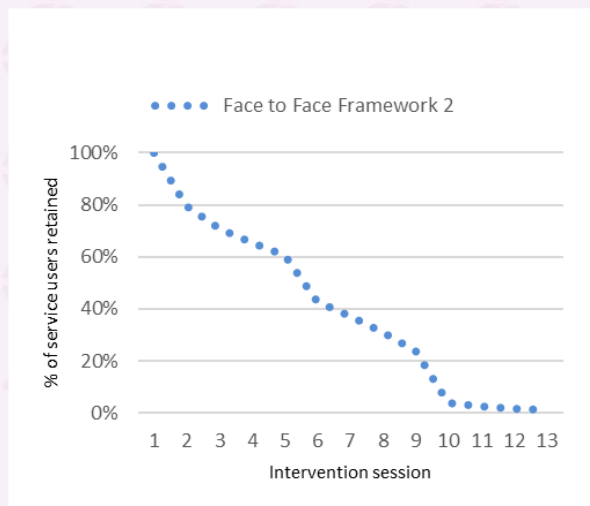
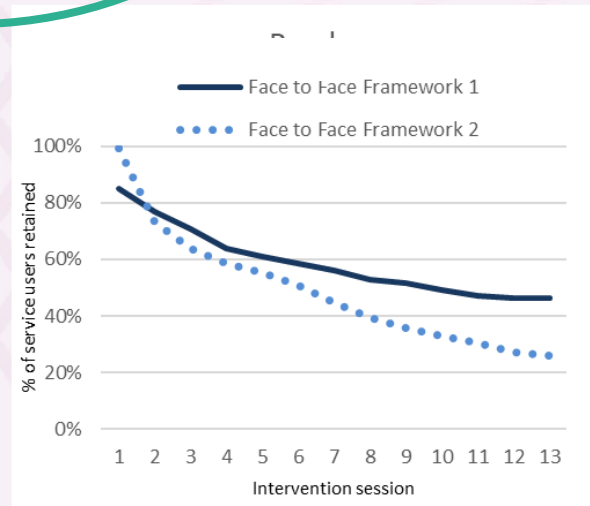
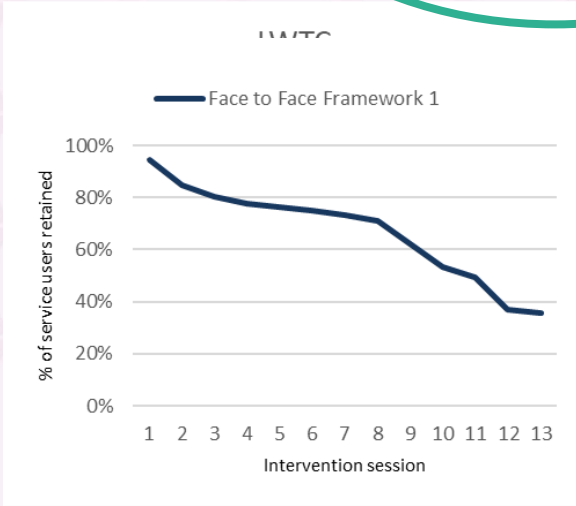
1. NDPP2 (red line) saw a higher uptake when compared to NDPP1.
2. Further increased uptake was observed in March with remote implementation, which illustrates how remote delivery increased accessibility and desirability of the remote offer i.e. those frightened to be in group situations due to COVID and remote felt safer.
3. Similarly, this made the service more accessible to all patients, such as those in rural locations who could not access the service without waiting for critical group mass.

National Successes

Retention for those who have finished the programme
By Session and Framework.

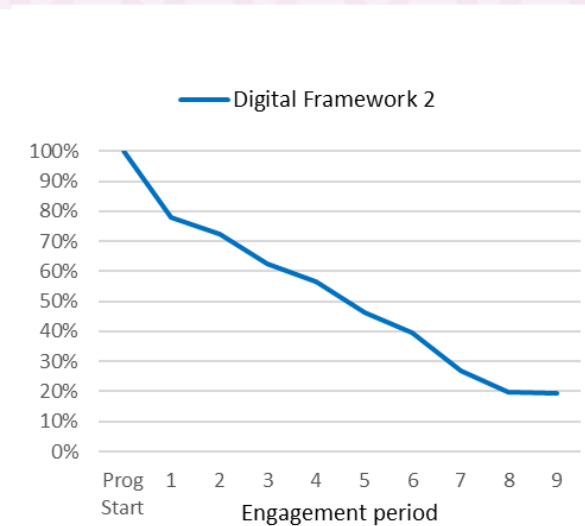
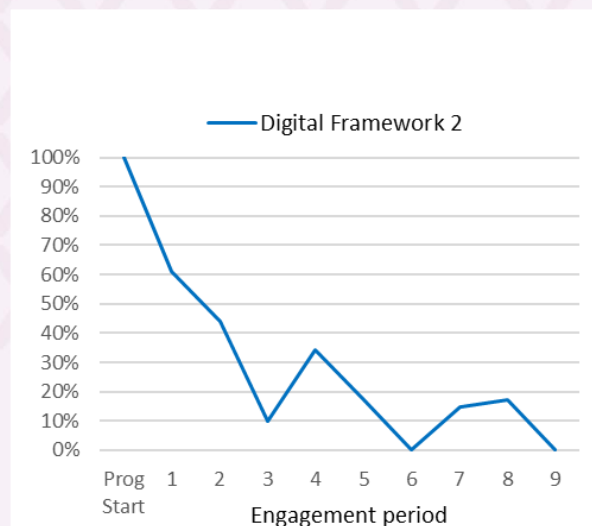
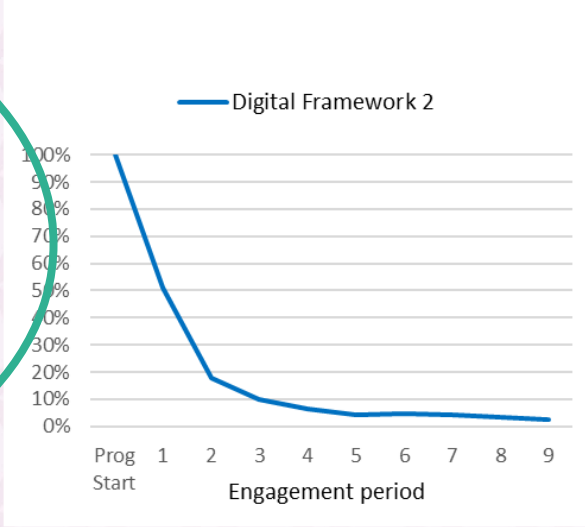
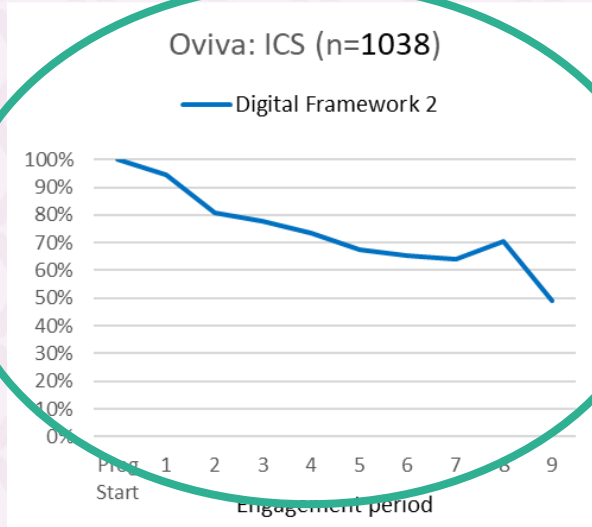


When comparing NDPP2 retention between providers, Xyla H&W (previously ICS H&W) rank first with over 40% of patients still retained at Session 13.



National Successes

Retention for those who have had time to finish the programme
By Session and Framework



- It is a similar picture with our digital provider Oviva, who also rank first with retention rates.

Patient Satisfaction

- **88% of patients said the NDPP helped them improve their exercise habits**
- **94% of patients said the NDPP helped them improve their diet/eating habits**
- **96% of patients said they felt more positive for having attended the NDPP**
- **99% of patients would recommend the NDPP to other people who are identified as being at risk of Type 2 Diabetes.**

• *Source: patient satisfaction survey Q2 (April to June)*

Local Update – August 2021

Number of patients referred	% of practices
Referred +5 patients	24% (37 Practices)
Referred 1-4 patients	35% (57 Practices)
Referred 0 patients	41% (65 Practices)

Remote Programme - post Covid

From April 2020, we moved to a remote delivery method, these include:

- Video conferencing via MS Teams
- Telephone conference via FUZE
- Digital via Oviva

Service user journey



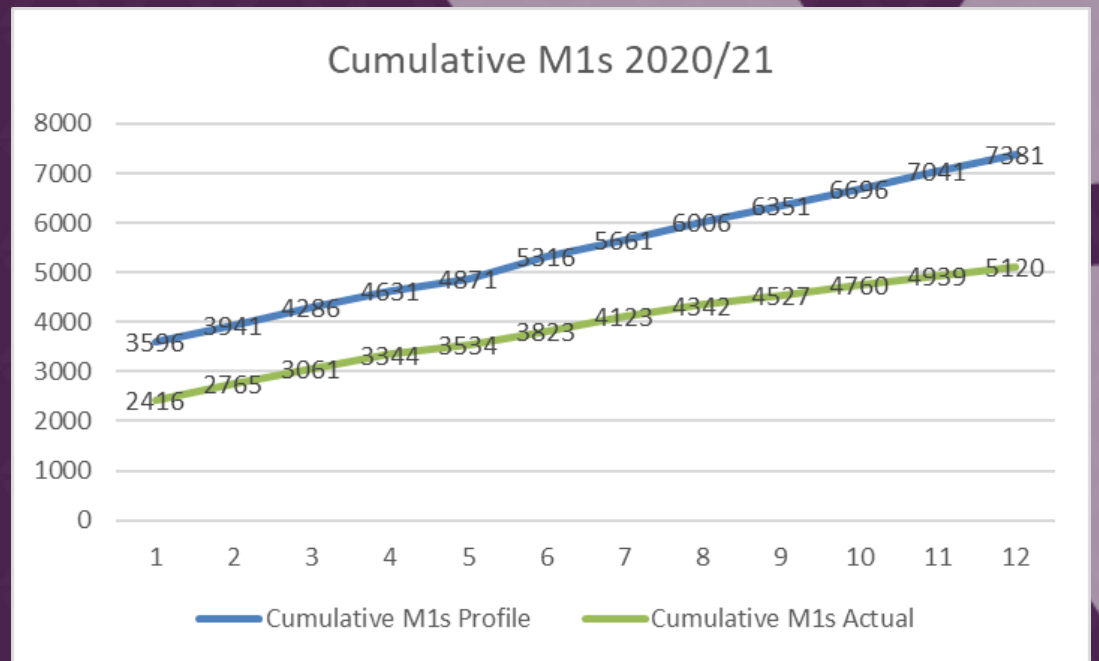
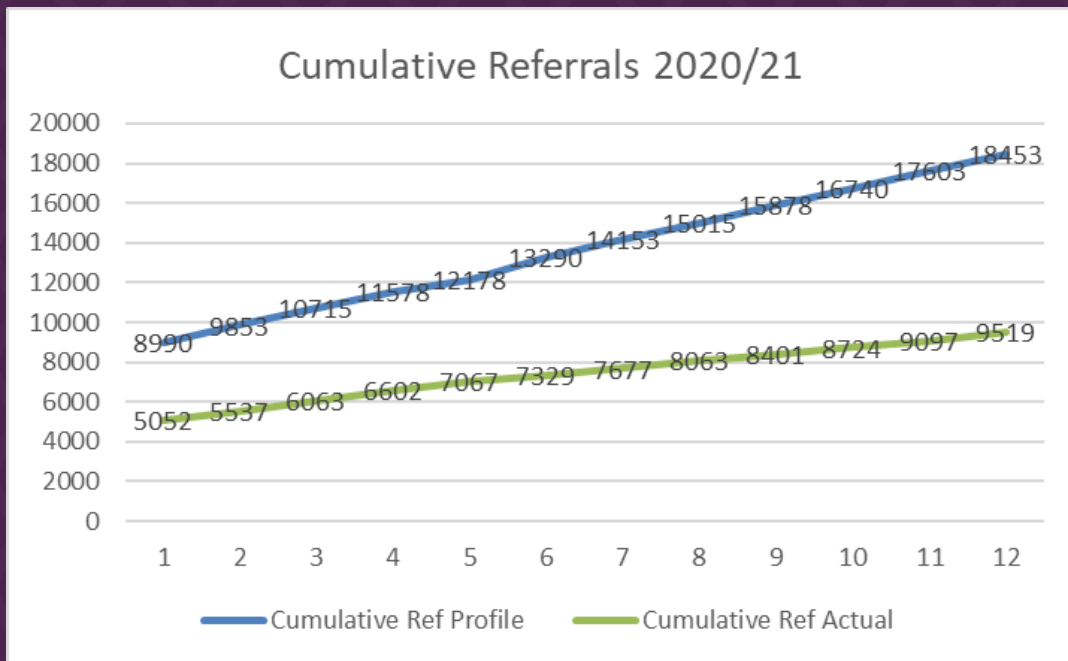
The programme provides 25 hours' face-to-face delivery over 14 sessions. The content is based on:

- Eating well
- Moving more
- Taking charge

Referrals Across STP

	Mar 21	Apr 21	May 21	Jun 21	Jul 21	Aug 21
NHS East And North Hertfordshire CCG	150	134	131	110	129	165
NHS Herts Valleys CCG	156	140	129	192	221	249
NHS West Essex CCG	83	65	60	69	72	61

Trajectory for Aug 2021/Jul 2021



Any Questions?