**HIDS during COVID 19 ; Updated January 2021**

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| **Duty Senior DSN** | Telephone Advise line for all Primary Care Providers / District Nurses/ Other HCPMonday to Friday 07584 703 9899 to 5pm |
| **Acute Tier of HIDS**  | ● Daily telephone advise line for patients under care of acute tier● Daily Ward Support to accelerate hospital discharge * Priority Clinics continue [ Foot MDT ,Antenatal , Pump and Young Adult Clinic]
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| **Admission avoidance** | * Providing support to primary care providers, residential care homes and other members of the wider multidisciplinary team.
* Advising patients on diabetes management when unwell, preventing unnecessary admissions.
* Supporting insulin management and insulin adjusting, medication and equipment issues.
* Providing psychological support to patients, family and carers in view of current climate of COVID 19.
* Discussing Sick day Rules
 |
| **Insulin Initiation and Medication Management** | * Assessment and initiation of Insulin regimen
* Changing to alternative insulin therapies on assessment.
* Teaching home blood glucose monitoring and setting individualized targets.
* Alterations to diabetes oral medications and or GLP1 injectable therapies
* Accessing and reviewing Blood Results
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| **Clinics**  | * Routine face to face clinics converted to Virtual / Telephone
* Consultant Led Locality MDT virtual Clinics
* Urgent patients assessed individually for most appropriate consultation
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| **Hypo Education** | * Teaching patients how to manage hypos
* Supporting, advising and reassuring relatives and carers of patients to prevent hospital admissions.
* Alterations to Diabetes Medication as necessary
* Liaison with District Nurses to alter/ change treatment plan
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| **Technology Support.** | * Provide ongoing and essential technological support for patients who are at high risk due to hypoglycaemia and DKA.
* Although this is included in other sections above, it is a specialist and crucial part of the service as this allows us to make adjustments to their current insulin regimen
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| **Renal** | * Supporting patients on renal dialysis and all involved in their care and management.
* Blood analysis and altering treatment plan.
* Monitoring changes to treatment plan and change of therapies.
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| **End of Life Care** | * Supporting hospice, care home and carers to ensure patients are comfortable and symptom free
* Following end of life guidelines , altering medication aiming to avoid hypo/hyperglycaemia
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| **Sick Day Rules** | * Ensuring patient safety and preventing hospital admission.
* Teaching glucose testing and blood ketone testing as appropriate
* Advising patients how to Alter Diabetes Medication
 |
| **Education** | * Online DESMOND
* Online DAFNE
* OVIVA [ Stopped as of October 2020]
* Online Carbohydrate Awareness
* Individual Insulin starts either face to face or virtual
* On Line Group Libre Sessions
* Consultant Practice Visits offered Virtually
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Please note Locality DSN can offer virtual reviews within practices where capacity allows.

**Signposting:**

**• Website: www.hct.nhs.uk | Twitter: @HCT diabetes @HCTNHS**

**• https://www.england.nhs.uk/london/london-clinical-networks/our-networks/diabetes/diabetes-covid-19-key-information/**

**• Hertscommunity.diabetes@nhs.net**

**• ERS Via choose and book**

**• Office Number: 01727 732 082**

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**Planned Clinical Pathway Lead**

**Podiatry, Diabetes and Diabetic Retinal Screening**