**HIDS during COVID 19 ; Updated January 2021**

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| **Duty Senior DSN** | Telephone Advise line for all Primary Care Providers / District Nurses/ Other HCP  Monday to Friday  07584 703 989  9 to 5pm |
| **Acute Tier of HIDS** | ● Daily telephone advise line for patients under care of acute tier  ● Daily Ward Support to accelerate hospital discharge   * Priority Clinics continue [ Foot MDT ,Antenatal , Pump and Young Adult Clinic] |
| **Admission avoidance** | * Providing support to primary care providers, residential care homes and other members of the wider multidisciplinary team. * Advising patients on diabetes management when unwell, preventing unnecessary admissions. * Supporting insulin management and insulin adjusting, medication and equipment issues. * Providing psychological support to patients, family and carers in view of current climate of COVID 19. * Discussing Sick day Rules |
| **Insulin Initiation and Medication Management** | * Assessment and initiation of Insulin regimen * Changing to alternative insulin therapies on assessment. * Teaching home blood glucose monitoring and setting individualized targets. * Alterations to diabetes oral medications and or GLP1 injectable therapies * Accessing and reviewing Blood Results |
| **Clinics** | * Routine face to face clinics converted to Virtual / Telephone * Consultant Led Locality MDT virtual Clinics * Urgent patients assessed individually for most appropriate consultation |
| **Hypo Education** | * Teaching patients how to manage hypos * Supporting, advising and reassuring relatives and carers of patients to prevent hospital admissions. * Alterations to Diabetes Medication as necessary * Liaison with District Nurses to alter/ change treatment plan |
| **Technology Support.** | * Provide ongoing and essential technological support for patients who are at high risk due to hypoglycaemia and DKA. * Although this is included in other sections above, it is a specialist and crucial part of the service as this allows us to make adjustments to their current insulin regimen |
| **Renal** | * Supporting patients on renal dialysis and all involved in their care and management. * Blood analysis and altering treatment plan. * Monitoring changes to treatment plan and change of therapies. |
| **End of Life Care** | * Supporting hospice, care home and carers to ensure patients are comfortable and symptom free * Following end of life guidelines , altering medication aiming to avoid hypo/hyperglycaemia |
| **Sick Day Rules** | * Ensuring patient safety and preventing hospital admission. * Teaching glucose testing and blood ketone testing as appropriate * Advising patients how to Alter Diabetes Medication |
| **Education** | * Online DESMOND * Online DAFNE * OVIVA [ Stopped as of October 2020] * Online Carbohydrate Awareness * Individual Insulin starts either face to face or virtual * On Line Group Libre Sessions * Consultant Practice Visits offered Virtually |

Please note Locality DSN can offer virtual reviews within practices where capacity allows.

**Signposting:**

**• Website: www.hct.nhs.uk | Twitter: @HCT diabetes @HCTNHS**

**• https://www.england.nhs.uk/london/london-clinical-networks/our-networks/diabetes/diabetes-covid-19-key-information/**

**• Hertscommunity.diabetes@nhs.net**

**• ERS Via choose and book**

**• Office Number: 01727 732 082**

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**Clinical Service Lead HIDS**

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**Planned Clinical Pathway Lead**

**Podiatry, Diabetes and Diabetic Retinal Screening**